

SRI VENKATESWARA UNIVERSITY
B Sc. UG SINGLE MAJOR PROGRAMME IN PSYCHOLOGY
III Year V Semester w.e.f. 2025-26

Couse I: PSYCHOLOGY OF PERSONALITY (MAJOR & MINOR)

I. Unit- Introduction

- A. Concept and Definition of Personality
- B. Types of Personality: Sheldon and Kretschmer Typology, Big Five - Trait theory

II. Unit- Factors in the Development of Personality

- A. Importance of Heredity and Environment
- B. Role of Biological Factors - Genetic Effect & Twin studies
- C. Role of Environmental Factors: Psychological and Socio-Cultural factors

III. Unit- Assessment of Personality

- A. Interview, Case Study
- B. Questionnaires, Rating Scales, Inventories
- C. Projective Techniques- Rorschach, TAT, CAT

IV. Unit- Abnormal Personalities

- A. Anti-Social Personality- Characteristics, Factors Contributing to Socio Pathic Personality- Family, Heredity
- B. Delinquency and Crime- Factors- Rehabilitation

V. Unit-Approaches to Personality

- A. Freud's Psychoanalytical Approach to Personality
- B. Skinner & Bandura Social learning Approach to Personality
- C. Rogers Humanistic Approach to personality

References:

1. Adams, D. P. (2000). The person: An integrated introduction to personality psychology. Hoboken, NJ: John Wiley.
2. Carducci, B. J. (2009). The psychology of personality: Viewpoints, research & application. Hong Kong: Wiley-Blackwell.

PRACTICUM SYLLABUS: Any **FOUR** experiments to be conducted from the following

1. Bell's Adjustment Inventory
2. IE Locus of Control
4. TAT(Demo)
5. Rorschach Ink Blots Test (Demo)
6. Self-Ideal Self
7. EM Scale
8. Any other relevant experiment

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Couse I: PSYCHOLOGY OF PERSONALITY (MAJOR & MINOR)
(Effective from the Academic Year 2023-24)

Time : 3 Hours

Max. Marks : 75

SECTION-A

Answer any **FIVE** questions

(5X5=25 Marks)

- 1.
- 2.
- 3.
- 4.
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- 8.

SECTION-B

Answer **ALL** questions

(5X10=50 Marks)

9. (a)
Or
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Couse II: COUNSELING PSYCHOLOGY (MAJOR & MINOR)

I. Unit- Introduction to Counseling

- A. Definition, Nature and Scope of Counseling
- B. Need for and Goals of Counseling
- C. Counselor: Roles-functions

II. Unit- Counseling Process

- A. Preparation for Counseling, Pre Counseling Interview
- B. Process of Counseling- Physical Setting, Rapport
- C. Conducting Counseling Interview, Problems and Termination of the Counseling.

III Unit-Counseling Skills

- A. Attending, listening, questioning, observation, empathy, Acceptance or unconditional positive regard.
- B. Characteristics of effective counselors.

IV. Unit- Counseling Children and Adolescents

- A. Counseling Children with Behavioral Problems
- B. Counseling Children with Special Needs
- C. Educational and Career Counseling

V. Unit- Counseling for Special Groups

- A. Counseling Clients with Chronic Illnesses
- B. Family and Marital Counseling
- C. Geriatric Counseling

References:

1. Margaret. (2006) Counseling Skills and Theory
2. Narayana Rao.S (2000) Counseling psychology
3. Jones, R. N. (2008). Basic Counseling Skills: A Helper's Manual (2nd Ed.). New Delhi: Sage Publications.

PRACTICUM SYLLABUS: Any **FOUR** experiments to be conducted

1. Adjustment Inventory
2. Thurston's Interest Schedule
3. Semantic differential Scale
4. Behavioral problems of children
5. Problem check list
6. Any other relevant experiment

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Couse III: INDUSTRIAL AND ORGANIZATIONAL PSYCHOLOGY

Unit-I: Introduction

- A. Definition of Industrial Psychology and Organizational Psychology, the classical Hawthorn's Studies.
- B. Differences between Industrial Psychology and Organizational Psychology: Scope
- C. Fields of Industrial/Organizational Psychology: Personnel Psychology, Organizational Behavior, Industrial Relations

Unit-II: Personnel Selection

- A. Personnel Selection: Purpose of Personnel Test in Industry- Kinds of Personnel Test
- B. Personnel Training Methods
- C. Application Blank

Unit-III Work Motivation

- A. Work Motivation: Definition – Process of Motivation
- B. Types of Motivation and Motivation at Work
- C. Theories of Motivation: Maslow, Herzberg, Vroom X Y Theories

Unit-IV Job Satisfaction

- A. Job Satisfaction Definition and Meaning.
- B. Factors related to Job Satisfaction
- C. Consequences of Job Satisfaction.

Unit-V Stress and Wellbeing at the Work Place

- A. Concept and Definition of Stress, Causes and Sources
- B. Consequences of Stress- Effect on Health, Performance and Productivity and Interpersonal Relationships
- C. Stress Management Techniques- Relaxation Techniques, Yoga, Meditation, Time Management, Cognitive Restructuring and Mindfulness

References

1. Industrial psychology, H.L. Kaila, AITBS Publishers, New Delhi. First ed., 2011.
2. Industrial organizational Psychology: Dr. K. Chandraiah, Student Helpline Publishing House (p) Ltd., Hyderabad. First ed., 2012.
3. Industrial psychology, Ashish Pandey Atul, Kr. Sharma, Global Academic Publishers & Distributors, F-8, New Delhi. First ed., 2012.
4. Organizational psychology, Edgar H. Schein, Prentice Hall of India, Private Limited, New Delhi. 3rd ed., 1983.
5. Industrial Psychology. Its theoretical and Social Foundations. Milton, L. Blum & James. C. Naylor, CBS. Publishers and Distributors. New Delhi.
6. Personal Psychology for Life and work. Rita, K., Baltus. Tata McGraw Hill, New Delhi.

PRACTICUM SYLLABUS: Any **FOUR** experiments to be conducted

1. Job Involvement and Work Involvement Scale
2. Dexterity Test.
3. Organizational Climate Scale
4. JDI.
5. OSI

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Course IV: EDUCATIONAL PSYCHOLOGY- APPLICATIONS AND SKILLS

Unit-I: Learning Disabilities

- A. Learning Disabilities: Concept, Definition, Meaning,
- B. Characteristics and Types of Learning Disabilities: MR, Autism, hearing Impaired
- C. Role of Teachers in Facilitating Education to Learning Disabled.

Unit-II: Adjustment and Wellbeing

- A. Adjustment and Psychological Well-Being. Factors Influence and Promote Adjustment and Quality of Life, Optimistic life style
- B. Stressors- Examination Anxiety, Bullying, Parental Expectations, Peer Pressure and Competition

Unit III: Assessment of Skills for Learning

- A. Study Skills and Habits- Meaning, Nature, Impact on Academic Success
- B. Role of Emotional Quotient and Social Quotient in Education

Unit-IV: Behavior Modification in Education

- A. Behavioral Problems and Their Identification- Absenteeism, Dropouts, Under Achievement
- B. Behavior Modification – Meaning and Its Application. Positive Reinforcement, Negative Reinforcement, Systematic Desensitization.

Unit V: Counseling and Guidance in Education

- A. Meaning and Scope of Educational Counseling and Guidance
- B. Types of Counseling- Individual and Group Counseling
- C. Counseling Skills

References

1. Chauhan.S.S.(2004). Advanced Educational Psychology, Vikas Publishing Pvt. Ltd., Shimla.
2. Mangal, S.K. (1999). Advanced Educational Psychology and Research. Prakash Brothers Educational publications, Ludhiana.
3. Nagaraju et al (2019) Learning Assessment. Neelkamal Publications, Hyderabad.
4. Dubois, Alverson and Staley. (1998) Educational Psychology and Instructional Decisions. The Dorsey Press, Illinois USA.

PRACTICUM SYLLABUS: Any **FOUR** experiments to be conducted

1. Assessing study skills of slow and advance learners
2. Assessing study habits of school children
3. Case study in any one of the following- bullying, Examination stress, parental pressure
4. Identification of learning difficulties of children in classroom
5. Field visit – Special children/ Juvenile home

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