

SRI VENKATESWARA UNIVERSITY
B Sc. UG SINGLE MAJOR PROGRAMME IN PSYCHOLOGY
III Year V Semester w.e.f. 2025-26

Couse I: PSYCHOLOGY OF PERSONALITY (MINOR)

I. Unit- Introduction

- A. Concept and Definition of Personality
- B. Types of Personality: Sheldon and Kretschmer Typology, Big Five - Trait theory

II. Unit- Factors in the Development of Personality

- A. Importance of Heredity and Environment
- B. Role of Biological Factors - Genetic Effect & Twin studies
- C. Role of Environmental Factors: Psychological and Socio-Cultural factors

III. Unit- Assessment of Personality

- A. Interview, Case Study
- B. Questionnaires, Rating Scales, Inventories
- C. Projective Techniques- Rorschach, TAT, CAT

IV. Unit- Abnormal Personalities

- A. Anti-Social Personality- Characteristics, Factors Contributing to Socio Pathic Personality- Family, Heredity
- B. Delinquency and Crime- Factors- Rehabilitation

V. Unit-Approaches to Personality

- A. Freud's Psychoanalytical Approach to Personality
- B. Skinner & Bandura Social learning Approach to Personality
- C. Rogers Humanistic Approach to personality

References:

1. Adams, D. P. (2000). The person: An integrated introduction to personality psychology. Hoboken, NJ: John Wiley.
2. Carducci, B. J. (2009). The psychology of personality: Viewpoints, research & application. Hong Kong: Wiley-Blackwell.

PRACTICUM SYLLABUS: Any **FOUR** experiments to be conducted from the following

1. Bell's Adjustment Inventory
2. IE Locus of Control
4. TAT(Demo)
5. Rorschach Ink Blots Test (Demo)
6. Self-Ideal Self
7. EM Scale
8. Any other relevant experiment

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Couse I: PSYCHOLOGY OF PERSONALITY (MINOR)
(Effective from the Academic Year 2023-24)

Time : 3 Hours

Max. Marks : 75

SECTION-A

Answer any **FIVE** questions

(5X5=25 Marks)

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.

SECTION-B

Answer **ALL** questions

(5X10=50 Marks)

9. (a)
Or
(b)
10. (a)
Or
(b)
11. (a)
Or
(b)
12. (a)
Or
(b)
13. (a)
Or
(b)

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III Year V Semester

Couse II: COUNSELING PSYCHOLOGY (MINOR)

I. Unit- Introduction to Counseling

- A. Definition, Nature and Scope of Counseling
- B. Need for and Goals of Counseling
- C. Counselor: Roles-functions

II. Unit- Counseling Process

- A. Preparation for Counseling, Pre Counseling Interview
- B. Process of Counseling- Physical Setting, Rapport
- C. Conducting Counseling Interview, Problems and Termination of the Counseling.

III Unit-Counseling Skills

- A. Attending, listening, questioning, observation, empathy, Acceptance or unconditional positive regard.
- B. Characteristics of effective counselors.

IV. Unit- Counseling Children and Adolescents

- A. Counseling Children with Behavioral Problems
- B. Counseling Children with Special Needs
- C. Educational and Career Counseling

V. Unit- Counseling for Special Groups

- A. Counseling Clients with Chronic Illnesses
- B. Family and Marital Counseling
- C. Geriatric Counseling

References:

1. Margaret. (2006) Counseling Skills and Theory
2. Narayana Rao.S (2000) Counseling psychology
3. Jones, R. N. (2008). Basic Counseling Skills: A Helper's Manual (2nd Ed.). New Delhi: Sage Publications.

PRACTICUM SYLLABUS: Any **FOUR** experiments to be conducted

1. Adjustment Inventory
2. Thurston's Interest Schedule
3. Semantic differential Scale
4. Behavioral problems of children
5. Problem check list
6. Any other relevant experiment

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SECTION-B

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13. (a)
Or
(b)