

Syllabus for B.Sc., Psychology (Major & Minor) in consonance with Curriculum framework

w.e.f. AY 2026-27

Psychology Programme Course Structure

SEM	Core / Elective Course	MAJOR	HRS	CREDITS	TOTAL	MINOR	HRS	CREDITS
III	Core-V	Social Psychology	3+2	3+1=4	12	Introduction to Psychology	3+2	3+1=4
	Core-VI	Adolescent Psychology	3+2	3+1=4				
	Core-VII	Psychology of Personality	3+2	3+1=4				

Semester-III Core Course-VII: PSYCHOLOGY OF PERSONALITY (Major)
(Minor Course in VI Semester)

Hours-3/week

Credits-3

Unit-I: Introduction

Definition of Personality, Types of Personality: Kretschmer, Sheldon and Jung's Typology. Big Five trait Theory of Personality.

Unit-II: Determinants of Personality

Biological Factors: Genetic Effect and Twin Studies, Psychological and Socio-Cultural Factors. Importance of Heredity and Environment in the Development of Personality.

Unit-III: Assessment of Personality

Interview, Case Study, Questionnaires, Inventories, Projective Techniques- Rorschach, TAT, CAT, Word Association, Word Association and Sentence Completion Test.

Unit-IV: Abnormal Personalities

Anti-Social Personality - Characteristics, Factors Contributing to Socio Pathic Personality, The Dependent Personality- Characteristics, Paranoid Personality - Characteristics, Obsessive - Compulsive Personality.

Unit-V: Approaches to Personality

Freud's Psychoanalytical Approach to Personality, Bandura and Rotter Social Learning Approach to Personality, Roger's Humanistic Approach to Personality.

Practicum: Hours: 2/ Week Credits: 1

Any 4 practicum pertaining to the syllabus

1. Bell's Adjustment Inventory
2. NSQ
3. TAT/ Rorschach Ink Blots Test (Demo)
4. (Demo)
5. Self-Ideal Self
6. EM Scale
7. Dimensions of Rigidity
8. Word Association

Reference Books

1. Adams, D. P. (2000). The person: An integrated introduction to personality psychology.
2. Hoboken, NJ: John Wiley.
3. Carducci, B. J. (2009). The psychology of personality: Viewpoints, research & application. HongKong: Wiley-Blackwell

U.G. Four Honours - Major
Semester-III
(Effective from the Academic Year 2026-2027)
Model Question Paper

Time : 3 Hours

Max. Marks: 75

SECTION-A

Answer any **FIVE** questions

(5X3=15 Marks)

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.

SECTION-B

Answer **ALL** questions

(5X12=60 Marks)

- 11.(a)
Or
(b)
12. (a)
Or
(b)
13. (a)
Or
(b)
14. (a)
Or
(b)
15. (a)
Or
(b)
