



## ANDHRA PRADESH STATE COUNCIL OF HIGHER EDUCATION

### Model Syllabus for 4-Year UG Honours in B.Sc. (Home Science) as Major in consonance with Curriculum framework w.e.f. AY 2026-27

Prepared by Sri Venkateswara University, Tirupati

#### COURSE STRUCTURE

| Year | Semester | Course | Title of the Course                                     | No. of Hrs /Week | No. of Credits |
|------|----------|--------|---------------------------------------------------------|------------------|----------------|
| II   | IV       | 8      | Fundamentals of Garment Construction                    | 3                | 3              |
|      |          |        | Fundamentals of Garment Construction-Practical          | 2                | 1              |
|      |          | 9      | Nutrition During Life Span                              | 3                | 3              |
|      |          |        | Nutrition During Life Span-Practical                    | 2                | 1              |
|      |          | 10     | Extension Education and Community Development           | 3                | 3              |
|      |          |        | Extension Education and Community Development-Practical | 2                | 1              |

## SEMESTER - IV

### COURSE 10: EXTENSION EDUCATION AND COMMUNITY DEVELOPMENT

Theory

Credits: 3

3 hrs/week

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#### Learning Outcomes:

At the end of the course the students will be able to

1. Understand the meaning of community and features of rural, urban and tribal communities.
2. Understands the importance of Programme Planning and organizing community development programmes
3. Learn to Plan lessons for specific groups
4. Critically explains the role of various Governmental and NGO in Community development

### THEORY

#### Unit- I – Community Types and Their Characteristics

- Meaning of community – Types
- Features of Rural community, changes in Indian rural life.
- Features of Urban community, growth of cities and major problems in cities.
- Features of Tribal community

#### Unit-II Community Development

- Community Development – Definition, objectives, principles and areas,
- Panchayat Raj Systems in India (brief) –Meaning, Definition, Democratic Decentralization
- Five tier system of Panchayat Raj–Village Panchayat–Functions
- Mandal Parishath–Seven Committees (Planning, Production etc.,) Functions
- Zilla Parishath–Committees, Functions-District, State and central level
- Extension organization in Panchayath raj set-up
- Concept of Welfare State, Directive Principles

#### Unit- III. Program Planning

- Definition, Objectives and Principles of Program Planning in Extension
- Steps in Program Planning
- Evaluation–Principles, methods of evaluating individual and group performances.
- Methods to find out felt and unfelt needs of the community.

#### Unit-IV Lesson Planning

- Characteristics of good lesson plan–Pre-requisites and components of lesson planning.
- Planning lessons for specific groups–Women, adolescents and children
- Different topics for lesson plans–Swatch Bharath, Swaasthya Bhaarat, Energy Conservation, Stress Management, Millets for Health, Health education (Any FOUR).

#### Unit-V Government and Non-Governmental Organizations

- Government and Non-Governmental Organizations-Meaning and definition
- Role of organizations (Government and Voluntary) for the development of people
- International Agencies–WHO, CARE, UNICEF,
- National and Voluntary Agencies–ICDS, RASS, KVK, DWCRA, MEPMA
- Local Level Voluntary Agencies, people's organizations at grassroots – PASS

## SEMESTER - IV

### COURSE 10: EXTENSION EDUCATION AND COMMUNITY DEVELOPMENT

**Practical**

**Credits: 1**

**2 hrs/week**

1. Visit to a village /community to know the facilities available to the people in the community and to identify their needs and problems
2. Plan an activity to create awareness among women and children of community surveyed according to their needs and interests- Lecture cum group discussion
3. Execute program in the community surveyed and evaluate performance
4. Interaction with women self-helps group leaders / members to know the impact of welfare programmes.
5. Field Visits – Mandal Office, ICDS, Mahila Pranganam and Voluntary Organizations to know their functioning

#### REFERENCES

1. A guidebook for Anganwadi workers. Published by the department of women & child development. Ministry of Human resource development. Government of India.
2. Doshi, S.L. (2007). Rural Sociology. Delhi Rawat Publishers
3. Dahama. O.P. (1981). Extension and Rural welfare, Ram Prasad and Sons Agra Bhopal.
4. Indhubala (1980), Gruha vighna sastra vistarana, Telugu academy textbook publications
5. Adivi Reddy (1985). Extension Education, Sreelakshmi press, Bapatla,
6. Dubey, V.K. (2009). Extension Education & Communication, New Age International Ltd
7. Santhos Govind, G. Tamilselvi and J. Meenambigai. (2011). Extension Education and Rural Development. Agrobios (India) Chopasani Road Jodhpur- 342002 (Raj.)

#### CO-CURRICULAR ACTIVITIES

1. Prepare a model lesson plan to create awareness among women and children in the community surveyed.
2. Execute the lessons in the community.
3. Prepare a model / method demonstration to educate the women on nutritious locally available foods and demonstrate in the community.
4. Visit to the ICDS office to acquaint with the services rendered and submit the report.
5. Visit to local NGO (Eg: PASS) organization to know the functions.
6. Visit to KVK, Mahila pranganam to have awareness on different training programs given by the Government to the needy women.
7. Plan, organize and execute awareness program in the community the end of the semester on nutrition, environment, energy conservation and health education.

**4- Year UG Honours, Major**  
**Syllabus**  
**(2026-27)**  
**Semester-IV**

**Model Question Paper**

**Time : 3hrs**

**Marks:75**

**Part-A**

**Answer any Five Questions. Each Question carries 3 Marks.**

**5x3=15**

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.

**Answer the following questions. Each question carries 12 Marks**

**5x12=60**

11. a) Unit-I  
(Or)  
b) Unit-I

12. a) Unit-II  
(Or)  
b) Unit-II

13. a) Unit-III  
(Or)  
b) Unit-III

14. a) Unit-IV  
(Or)  
b) Unit-IV

15. a) Unit-V  
(Or)  
b) Unit-V