B.Sc. DEGREE COURSE IN PARAMEDICAL TECHNOLOGY

V SEMESTER

(Syllabus under CBCS w.e.f. 2022-23)

Skill Enhancement Courses for Sem - V Structure of SECs for Sem - V

(Candidate has to choose one pair from the three alternative pairs of SECs)

University	Course	Name of the	Cours	se	Hours/	Credits	Marks	S
Code	Number				Week		IA	Sem End
								Theory+
								Practical
	6A	Nutrition	&	Nutrition	3	3	25	75
		Education						
	6A LAB	Nutrition	&	Nutrition	3	2	-	50
		Education						
	7A	Basic Medic	ine &	Treatment	3	3	25	75
		of Minor Ail	ments	3				
	7A LAB	Basic Medic	ine &	Treatment	3	2	-	50
		of Minor Ail	ments	3				

Or

University	Course	Name of the Course	Hours/	Credits	Marks	3
Code	Number		Week	T+P	IA	Sem End
			T+P			Theory+
						Practical
	6B	Community Health	3	3	25	75
	6B LAB	Community Health	3	2	-	50
	7B	Community Medicine	3	3	25	75
	7B LAB	Community Medicine	3	2	-	50

Or

University	Course	Name of the Course	Hours/	Credits	Marks	3
Code	Number		Week	T+P	IA	Sem End
			T+P			Theory+
						Practical
	6C	Environmental Sanitization	3	3	25	75
	6C LAB	Environmental Sanitization	3	2	-	50
	7C	Fundamentals of Biomedical	3	3	25	75
		Instrumentation				
	7C LAB	Fundamentals of Biomedical	3	2	-	50
		Instrumentation				

*** To be taught by Sericulture/Life Sciences Teachers

Note-1: For Semester-V, for the domain subject Paramedical Science, any one of the three pairs of SECs shall be chosen as courses 6 and 7, i.e., 6A & 7A or 6B & 7B or 6C & 7C. The pair shall not be broken (ABC allotment is random, not on any priority basis).

Note-2: One of the main objectives of Skill Enhancement Courses (SEC) is to inculcate skills related to the domain subject in students. The syllabus of SEC will be partially skill oriented. Hence, teachers shall also impart practical training to students on the skills embedded in syllabus citing related real field situations.

B.Sc. DEGREE COURSE IN PARAMEDICAL TECHNOLOGY

V SEMESTER

(Syllabus under CBCS w.e.f. 2022-23) COURSE 6 A: NUTRITION & NUTRITION EDUCATION

(Skill Enhancement Course (Elective), -Credits: 05) Max. Marks: 100

I. Learning Outcomes:

After completing this course, the student will be able to –

- > Understand the importance of nutrition in health
- ➤ Understand the principles of nutrition and balanced diet
- ➤ Plan and prepare balanced diet for vulnerable & special groups
- > Develop skills for preparation of nutritious food
- > Identify cases of malnutrition in the population
- > Plan, conduct and evaluate nutrition education in the community

II. Syllabus

(Total Hours: 90 including Teaching, Lab, Field Skills Training, Unit tests etc.)

Unit I: Introduction to Nutrition

Introduction to the study of nutrition – Nutritional Status & Health

Classification and functions of foods – body building, energy yielding & protective foods.

Sources, functions, and daily allowances of Carbohydrates, Proteins, Fats, Water & Cellulose

- Calorie requirements- Nutritive value of different food stuffs

Balanced Diet - Planning of meals - Improvement of foods - Selection of foods

Unit II: Cultural factors of Nutrition

Household methods of food preservation – household measures of food hygiene – differentmethods of cookingCultural practices & dietary habits across the country

Food adulteration practices injurious to health-simple techniques for detecting adulteration

Unit III: Malnutrition

Nutritional requirements of special & vulnerable groups – improving maternal & child nutrition. Different types of malnutrition – causes and the incidence

Prevalence of deficiency diseases in India

Vitamin deficiency diseases

Unit IV: Nutrition Education

Factors considered in nutrition teaching – home economics, culture & food habits – Availability of food stuffs in rural & urban communities

Opportunities for nutrition teaching – home clinics, health centres, hospitals, schools&community centres

Nutrition education for maternal health – diet in pregnancy, diet for lactating mothers, common nutritional deficiencies in women

Nutrition education for children – breast feeding, introduction of solids and liquids to a child, feeding schedules, preparation of food for infants & children, dietary needs of preschool & high school children - Nutritional deficiencies in children

Unit V: Nutrition Education

nutrition education for chronic illness, care of the sick & specific diseases – Dietary modifications (blended diet, liquid diet, semi-solid diet & soft diet)

Dietary modification in diabetes, peptic ulcers, hypertension, heart diseases & renal diseases

Assisting & guiding family members in selection and preparation of food for persons with special dietary needs

III. References

1.Integrated nutrition education – a hand book by Food & Nutrition Board, Ministry of Civil supplies, Govt. of India

Web resources:

http://nhm.gov.in/images/pdf/programmes/wifs/job-ids/Nutrition_and_Health_Education.pdf https://wcd.nic.in/sites/default/files/integrated%20nutrition%20education-%20a%20handbook.pdf

https://www.fao.org/3/i3234e/i3234e.pdf

B.Sc. DEGREE COURSE IN PARAMEDICAL TECHNOLOGY

V SEMESTER - W.E.F. 2022-23

COURSE 6 A: NUTRITION & NUTRITION EDUCATION

MODEL QUESTION PAPER

Time: 3 hours Marks: 75 marks

Note: This question paper contains two parts A and B.

Part A is compulsory which carries 25 marks. Answer any five of the following questions in Part A.

Part B consists of 5 Units. Answer one full question (A or B) from each unit (i.e., Q.No 9 from Unit – I, Q.No 10 from Unit – II, Q.No 11 from Unit – III, Q.No 12 from Unit – IV, Q.No 13 from Unit – V). Each question carries 10 marks.

PART – A

Answer any *Five* of the following question.

(5X5=25M)

1.	
2.	
3.	
4.	
5.	
6.	
7.	
8.	

PART – B

Answer All The Questions. Each question carries 10 marks (5X10= 50M)

9.	(A)
	OR
	(B)
10.	(A)
	OR
	(B)
11.	(A)
	OR
	(D)
	(B)
12.	(A)
	OR
	(B)
13.	(A)
	OR
	(B)

Course 6A: Nutrition & Nutrition Education

Practical Syllabus Max. Marks: 50

IV. Learning Outcomes:

After completing this course, the student will be able to –

- ➤ Identify malnutrition cases in the family
- > Prescribe diet for special needs
- > Detect food adulteration

V. Practical (Laboratory) Syllabus: (30hrs) (Max.50Marks)

- Simple experiments to detect adulteration of different foods cereals, pulses, oils &vegetables
- 2. Diet survey
- 3. Field visit to nearest children's hospital
- 4. Field visit to nearest maternity hospital (focussing on nutritional deficiencies only)

VI. Lab References:

https://wcd.nic.in/sites/default/files/integrated%20nutrition%20education-%20a%20handbook.pdf

VII. Co-Curricular Activities:

- a) Mandatory: (Student training by teacher in field skills: total15hrs, Lab: 10+ filed 05):
- 1. For Teacher: Training of students by the teacher in the laboratory and field for notlessthan 15 hours on the skills of identification of malnutrition cases
- 2. For Student: Students shall (individually) visit any local health center/anganwadi center, make observations different diets given for children & women of special needs. Observations and outcomes shall be submitted as Fieldwork/Project work Report not exceeding 10 pages to teacher in the given format.
- 3. Max marks for Fieldwork/Project work Report: 05.
- 4. Suggested Format for Fieldwork/Project work: Title page, student details, index page, details of place visited, observations made, findings and acknowledgements.
- 5. (IE)Unit tests

- 6. Web-based: Collection of additional information of nutrition deficiencies; Charts /Models preparation
- 7. Seminar, Invited lecture, Assignment, Group discussion. Quiz, Collection of Material, Video preparation etc.

B.Sc. DEGREE COURSE IN PARAMEDICAL TECHNOLOGY

V SEMESTER

(Syllabus under CBCS w.e.f. 2022-23)

COURSE 7A: BASIC MEDICINE & TREATMENT OF MINOR AILMENTS

(Skill Enhancement Course (Elective), -Credits: 05) Max. Marks: 100 I. Learning Outcomes:

After completing this course, the student will be able to –

- > Develop the ability to recognize and treat minor ailments
- ➤ Acquire sufficient knowledge of identifying signs and symptoms of diseases of common occurrence and provide elemental medical care
- Acquire knowledge of common drugs and their adverse effects

II. Syllabus

(Total Hours: 90 including Teaching, Lab, Field Skills Training, Unit tests etc.)

Unit I: Importance of Home Nursing

1.1 Preparing the patient's room at home & first aid kit

Hygiene of the patient – bath, elimination, feeding, acuity comfort measures, change of position, rest & recreationTeaching family members to assist in the treatment and take home nursing responsibilities

Unit II: Examination of the patient

Observation of the patient – skin, temperature, pulse rate, BP, respiration & general conditionExamination of the patient – case taking, methods of examination, recognizing signs & symptoms, detecting minor ailments, recognition of signs of emergency

Action to be taken for serious emergencies and illness

Unit III: Treatment of Minor Ailments -1

Conditions affecting skin; signs & symptoms; treatment (itching, rashes, patches, boils, bugs, lice, scabies, boils, burns, ulcers &swelling)

Conditions affecting eye & ear; signs & symptoms; treatment (earache, discharges from ear, foreign body in ear & eye, dry eyes, blurred vision, inflammation of eyes; watering eyes, jaundiced eyes, glaucoma, trachoma)

Conditions affecting skeleton; signs & symptoms; treatment (fractures, sprains, dislocation, joints swelling & pains)

Conditions affecting respiratory system; signs & symptoms; treatment (complaints of nose, sore throat, tonsilitis, cough & cold, bronchitis, asthma)

Unit IV: Treatment of Minor Ailments -11

Conditions affecting digestive system; signs & symptoms; treatment (indigestion, gastritis, peptic ulcers, jaundice, abdominal pain & distension, constipation, diarrhoea, sore mouth, toothache)

Conditions affecting circulatory system; signs & symptoms; treatment (cardiac asthma, bradycardia, tachycardia, high BP)

Conditions affecting urinary system; signs & symptoms; treatment (urinary incontinence, renal colic, retention)

Conditions affecting neuromuscular system; signs & symptoms; treatment (headaches, fever, backache, head injuries, paralysis)

Conditions affecting reproductive system; signs & symptoms; treatment (genetial sores, urethral & vaginal discharges, prolapses, menstrual problems)

Unit V: Basic Nursing Care & Pharmacology

Basic medical & nursing care in common disorders of different organ systems

Mechanism of drug action – local & systemic – General account of adverse effects of drugs Classification and action of drugs in common use – (analgesics, antipyretics, antiseptics, anti-coagulants, anti-depressants, laxatives, sedatives and nutrition supplements)

III. References

- 1. Janice L Hinkle, Brunner & Suddarth's Textbook of Medical Surgical Nursing Wolters Kluwer (India) Pvt.Ltd. 2018
- 2. S.D.Manivannan, Textbook of Community Health Nursing, CBS publishers, 2017
- 3.Deepak Sethi & Rani Kirti Maj. Medical Surgical Nursing Vol I & II Jaypee Brothers Medical Publishers, 2021

Web resources:

https://www.nursingtimes.net/opinion/basic-nursing-care-requires-more-than-basic-skills-07-03-2017/

https://pubmed.ncbi.nlm.nih.gov/29399942/

B.Sc. DEGREE COURSE IN PARAMEDICAL TECHNOLOGY

V SEMESTER - W.E.F. 2022-23

COURSE 7A: BASIC MEDICINE & TREATMENT OF MINOR AILMENTS

MODEL QUESTION PAPER

Time: 3 hours Marks: 75 marks

Note: This question paper contains two parts A and B.

Part A is compulsory which carries 25 marks. Answer any five of the following questions in Part A.Part B consists of 5 Units. Answer one full question (A or B) from each unit (i.e., Q.No 9 from Unit – I, Q.No 10 from Unit – II, Q.No 11 from Unit – III, Q.No 12 from Unit – IV, Q.No 13 from Unit – V). Each question carries 10 marks.

PART – A Answer any *Five* of the following question.

(5X5=25M)

1.	
2.	
3.	
4.	
5.	
6.	
7.	
8.	

PART – B

Answer All The Questions. Each question carries 10 marks (5X10= 50M)

9.	(A)
	OR
	(B)
10.	(A)
	OR
	(B)
11.	(A)
	OR
	(D)
	(B)
12.	(A)
	OR
	(B)
13.	(A)
	OR
	(B)

COURSE 7A: BASIC MEDICINE & TREATMENT OF MINOR AILMENTS

Practical Syllabus Max. Marks: 50

IV. Learning Outcomes:

After completing this course, the student will be able to –

- ➤ Identify minor ailments of medical concern
- > Prescribe basic first aid & treatment
- > Appreciate bedside procedures
- > Basic nursing

V. Practical (Laboratory) Syllabus: (30hrs) (Max.50Marks)

Note: Students may be sent to nearest hospital for practical training as part of internship

- 1. First aid to injuries
- 2. Physical examination & Case taking
- 2. Bedside assistance to patients in wards
- 3. Bedside assistance in medical emergency
- 4. Field visit to nearest superspeciality hospital (focussing on nutritional deficiencies only)

VI. Lab References:

M.B.Patil, Ward Procedures, 6/e, Elsevier India, 2013

Web resources:

https://capcuuamateur.files.wordpress.com/2013/10/bedside-procedures-in-the-icu-ed-falter-2012.pdf https://accessmedicine.mhmedical.com/content.aspx?

<u>bookid=365§ionid=43074922</u> Any other resources suggested by the concerned teacher

VII. Co-Curricular Activities:

- a) Mandatory: (Student training by teacher in field skills: total15hrs, Lab: 10+ filed 05):
- 1. For Teacher: Training of students by the teacher in the laboratory and field for not less than 15hours on the skills of ward procedures
- 2. For Student: Students shall (individually) visit any local health centre/area hospital/superspecialty, make observations different diets given for children & women of special needs. Observations and outcomes shall be submitted as Fieldwork/Project work Report not exceeding 10 pages to teacher in the given format.
- 3. Max marks for Fieldwork/Project work Report: 05.
- 4. Suggested Format for Fieldwork/Project work: Title page, student details, index page, details of place visited, observations made, findings and acknowledgements.
- 5. (IE)Unit tests

- 6. Web-based: Collection of additional information of nutrition deficiencies; Charts /Models preparation
- 7. Seminar, Invited lecture, Assignment, Group discussion. Quiz, Collection of Material, Video preparation etc.

B.Sc. DEGREE COURSE IN PARAMEDICAL TECHNOLOGY

V SEMESTER

(Syllabus under CBCS w.e.f. 2022-23) COURSE 6 B: COMMUNITY HEALTH

(Skill Enhancement Course (Elective), -Credits: 05) Max. Marks: 100

I. Learning Outcomes:

After completing this course, the student will be able to –

- ➤ Understand the importance of community health
- > Suggest remedies for health issues of school going children
- > Device methods to reduce incidence of communicable diseases
- ➤ Utilize knowledge of different concepts of community health for promotion of health in different age groups

II. Syllabus

(Total Hours: 90 including Teaching, Lab, Field Skills Training, Unit tests etc.)

Unit I: Factors affecting community health

1.1 General factors affecting community health – climate & other environmental factors General factors affecting community health – Water supply; Personal hygiene & cleanliness

Community health programs by the Central & State governments

Unit II: Factors affecting the health of the mother & child

Immunization programme – Role of immunization in keeping up community health Special factors affecting the health of mother & child during pregnancy – pre-natal factors; maternal nutrition; hereditary factors; environmental & socio-economic factors.

Stages of child's life - Infancy; pre-school; childhood; adolescence; basic needs & priorities; developmental tasks

Assessment growth and development – weight, height in relation to normal growth curves; milestones of psychomotor development

Unit III: Nutritional requirements of the mother & child

Nutritional requirements of pregnant woman & neonate

Nutritional requirements of infants, pre-school & school going children to prevent deficiency diseases; prevalence of rickets, marasmus, kwashiorkor, anaemia, deficiency of vitamins A & B in children; Examination of the child with reference to general health

Prevention and treatment of common childhood diseases – common cold, cough & measles; skin infections; pneumonia; chickenpox; whooping cough; mumps; worm infections; eye & ear infections; tetanus; dehydration & diarrhoea

Infant mortality & prevention; common childhood accidents & prevention.

Unit IV: Child health programs & initiatives

Environmental health hazards for child health

Agencies for child care & child welfare; child guidance clinics; school health services; school feeding program

Schools for handicapped children; rehabilitation centres for disabled children improvement of child health care services – role of health workers, family and community Legal provisions for child protection

Unit V: Community Health Administration

The ministry of health – Director of Public health & his staff – Director of medical services & his staff - Departments of public health & medical services – their relation with other departments

Responsibility of the State & local bodies in matters of public health

Details, organization, duties & responsibilities, authority for such responsibilities & powers Community health laws, rules & bye-laws - Procedures in respect of water supply, food control, housing, town planning - Epidemic control

III. References

- 1. Bhalwar. Textbook of Community Medicine. Wolters Kluwer India Pvt Ltd. 4/e, 2021
- 2. K.Park.Park's Textbook of Social & Preventive Medicine. Banarasidas Bhanot Publishers. 2021
- 3. Vivek Jain. Review of Preventive & Social medicine. Jaypee Medical Books **Web resources:**

https://www.commhealth.org/development/50-2/factors-healthy-community/ https://www.who.int/news-room/questions-and-answers/item/determinants-of-health https://online.regiscollege.edu/blog/environmental-factors-that-affect-health/

B.Sc. DEGREE COURSE IN PARAMEDICAL TECHNOLOGY

V SEMESTER - W.E.F. 2022-23

COURSE 6 B: COMMUNITY HEALTH

MODEL QUESTION PAPER

Time: 3 hours Marks: 75 marks

Note: This question paper contains two parts A and B.

Part A is compulsory which carries 25 marks. Answer any five of the following questions in Part A.Part B consists of 5 Units. Answer one full question (A or B) from each unit (i.e., Q.No 9 from Unit – I, Q.No 10 from Unit – II, Q.No 11 from Unit – III, Q.No 12 from Unit – IV, Q.No 13 from Unit – V). Each question carries 10 marks.

PART – A Answer any *Five* of the following question.

(5X5=25M)

1.	
2.	
3.	
4.	
5.	
6.	
7.	
8.	

PART – B

Answer All The Questions. Each question carries 10 marks (5X10= 50M)

9.	(A)
	OR
	(B)
10.	(A)
	OR
	(B)
11.	(A)
	OR
	(D)
	(B)
12.	(A)
	OR
	(B)
13.	(A)
	OR
	(B)

COURSE 6B: COMMUNITY HEALTH

Practical Syllabus

Max. Marks: 50

After completing this course, the student will be able to –

- Assess the prevalence of a particular disease in the community
- > Determine quality of air & water
- > Appreciate the determiners of community health
- Educate family & community about lifestyle diseases
- ➤ Conduct awareness programs about community health

IV. Practical (Laboratory) Syllabus: (30hrs) (Max.50Marks)

- 1. Determination of air quality parameters
- 2. Determination of water quality parameters
- 3. Epidemiological survey of prevalence of nutrition deficiency disorders in school children
- 4. Epidemiological survey of prevalence STDs
- 5. Assessment of infant mortality

V. Lab References:

https://www.pranaair.com/blog/what-is-air-quality-index-aqi-and-its-calculation/

https://www.fao.org/3/x5624e/x5624e05.htm

http://www2.clarku.edu/mtafund/prodlib/yellowstone/health_survey.pdf

Any other reference given by the teacher concerned

VI. Co-Curricular Activities:

- a) Mandatory: (Student training by teacher in field skills: total15hrs, Lab: 10+ filed 05):
- 1. For Teacher: Training of students by the teacher in the laboratory and field for not less than 15 hours on the skills of identification of malnutrition cases
- 2. For Student: Students shall (individually) visit local area community survey to determine prevalence of various diseases. Observations and outcomes shall be submitted as Fieldwork/Project work Report not exceeding 10 pages to teacher in the given format.
- 3. Max marks for Fieldwork/Project work Report: 05.
- 4. Suggested Format for Fieldwork/Project work: Title page, student details, index page, details of place visited, observations made, findings and acknowledgements.
- 5. (IE)Unit tests

- 6. Web-based: Collection of additional information of nutrition deficiencies; Charts /Models preparation
- 7. Seminar, Invited lecture, Assignment, Group discussion. Quiz, Collection of Material, Video preparation etc.

B.Sc. DEGREE COURSE IN PARAMEDICAL TECHNOLOGY

V SEMESTER

(Syllabus under CBCS w.e.f. 2022-23) COURSE 7B: COMMUNITY MEDICINE

(Skill Enhancement Course (Elective), -Credits: 05) Max. Marks: 100

I. Learning Outcomes:

After completing this course, the student will be able to –

- ➤ Understand the importance preventive measures in safeguarding community health
- ➤ Plan and execute control programs to check communicable diseases
- Educate the public about non-communicable diseases
- > Evaluate disease burden on the community
- > Suggest measures to check non-communicable diseases

II. Syllabus

(Total Hours: 90 including Teaching, Lab, Field Skills Training, Unit tests etc.)

Unit I: Introduction to communicable diseases

Basic terminology & prevalence of communicable diseases in India with emphasis on Andhra Pradesh

General measures of prevention & control of communicable diseases

Role of different stake holders (Health workers, individuals, family, community & public health authorities) in relation to specific measures for prevention and control of communicable diseases

Unit II: Immunity & Immunization

Basic concepts of natural & acquired immunity; Purpose & Types of Immunization; methods of immunization & related techniques

National immunization schedule for prevention of major communicable diseases – BCG, Polio, Measles, Typhoid

Immunization reactions –precautions; use of sterile equipment & safe techniques; testing for sensitivity; emergency treatment for anaphylactic shock

Unit III: Control & prevention of specific communicable diseases

Symptoms, modes of spread, control & prevention of - Malaria, Filariasis, Dengue

Symptoms, modes of spread, control & prevention of – Leprosy, Tuberculosis, Tetanus & Cholera

Symptoms, modes of spread, control & prevention of – Polio myelitis, Hepatitis, Chickenpox, Small pox and COVID-19, Dysenteries

Symptoms, modes of spread, control & prevention of – Gonorrhoea, Syphilis, AIDS

Disinfection and sterilization – physical & chemical agents; techniques &precautions in use of disinfectants.

Unit IV: Life style diseases & Community health

Prevalence of life style diseases in India with emphasis on Andhra Pradesh

Signs, symptoms of specific non-communicable diseases – Obesity, Hypertension,

Diabetes mellitus, Coronary artery disease, Carcinoma of breast, carcinoma of cervix

Measures for prevention of non-communicable diseases

Unit V: National programs of health

Philosophy & strategy of National programs of health

National AIDS control program; non-communicable disease control program; STD control program;

National tuberculosis control program; national leprosy control program; national rural health mission

III. References

- 1. Bhalwar. Textbook of Community Medicine. Wolters Kluwer India Pvt Ltd. 4/e, 2021
- 2. K.Park.Park's Textbook of Social & Preventive Medicine. Banarasidas Bhanot Publishers. 2021
- 3. Vivek Jain. Review of Preventive & Social medicine. Jaypee Medical Books **Web resources:**

https://www.commhealth.org/development/50-2/factors-healthy-community/ https://www.who.int/news-room/questions-and-answers/item/determinants-of-health/ https://online.regiscollege.edu/blog/environmental-factors-that-affect-health/

B.Sc. DEGREE COURSE IN PARAMEDICAL TECHNOLOGY

V SEMESTER - W.E.F. 2022-23

COURSE 7B: COMMUNITY MEDICINE

MODEL QUESTION PAPER

Time: 3 hours Marks: 75 marks

Note: This question paper contains two parts A and B.

Part A is compulsory which carries 25 marks. Answer any five of the following questions in Part A.Part B consists of 5 Units. Answer one full question (A or B) from each unit (i.e., Q.No 9 from Unit – I, Q.No 10 from Unit – II, Q.No 11 from Unit – III, Q.No 12 from Unit – IV, Q.No 13 from Unit – V). Each question carries 10 marks.

PART – A Answer any *Five* of the following question.

(5X5=25M)

1.	
2.	
3.	
4.	
5.	
6.	
7.	
8.	

PART – B

Answer All The Questions. Each question carries 10 marks (5X10= 50M)

9.	(A)
	OR
	(B)
10.	(A)
	OR
	(B)
11.	(A)
	OR
	(D)
	(B)
12.	(A)
	OR
	(B)
13.	(A)
	OR
	(B)

COURSE 7B: COMMUNITY MEDICINE

Practical Syllabus

Max. Marks: 50

After completing this course, the student will be able to –

- > Perform immunization
- Conduct health assessment survey
- Report the prevalence of a particular disease in a community

IV. Practical (Laboratory) Syllabus: (30hrs) (Max.50Marks)

- 1. Family & community health assessment
- 2. Conducting home visit
- 3. Conducting mass health education
- 4. Participation in a health camp like immunization
- 5. maintenance of health records of family & community

V. Lab References:

https://apps.who.int/iris/handle/10665/171753 file:///C:/Users/Mr/Downloads/BSN %204616P Practical%20Community%20Health%20Nur sing full.pdf

Any other reference given by the teacher concerned

VI. Co-Curricular Activities:

- a) Mandatory: (Student training by teacher in field skills: total15hrs, Lab: 10+ filed 05):
- 1. For Teacher: Training of students by the teacher in the laboratory and field for notlessthan15hours on the skills of identification of malnutrition cases
- 2. For Student: Students shall (individually) visit health centre during immunization program and health awareness camp. Observations and outcomes shall be submitted as Fieldwork/Project work Report not exceeding 10 pages to teacher in the given format.
- 3. Max marks for Fieldwork/Project work Report: 05.
- 4. Suggested Format for Fieldwork/Project work: Title page, student details, index page, details of place visited, observations made, findings and acknowledgements.
- 5. (IE)Unit tests

- 6. Web-based: Collection of additional information of nutrition deficiencies; Charts /Models preparation
- 7. Seminar, Invited lecture, Assignment, Group discussion. Quiz, Collection of Material, Video preparation etc.

B.Sc. DEGREE COURSE IN PARAMEDICAL TECHNOLOGY

V SEMESTER

(Syllabus under CBCS w.e.f. 2022-23) COURSE 6 C: ENVIRONMENTAL SANITIZATION & WASTE MANAGEMENT

(Skill Enhancement Course (Elective), -Credits: 05) Max. Marks: 100

I. Learning Outcomes:

After completing this course, the student will be able to –

- > Understand the importance of nutrition in health
- ➤ Understand the principles of nutrition and balanced diet
- ➤ Plan and prepare balanced diet for vulnerable & special groups
- > Develop skills for preparation of nutritious food
- > Identify cases of malnutrition in the population
- > Plan, conduct and evaluate nutrition education in the community

II. Syllabus

(Total Hours: 90 including Teaching, Lab, Field Skills Training, Unit tests etc.)

Unit I: Public health

Concept of Public Health – Scope – Sanitation & hygiene – Modern Public Health Practice Quality of water, air & soil as per general standards of public health

Hierarchy in Public Health System - Duties & responsibilities of personnel at different levels

Unit II: Solid & Plastic Waste Management

Sources and Classification of solid waste – generation of solid waste – norms for solid waste generation- Physical & chemical properties of solid waste

Objectives & principles of solid waste management – stages of solid waste management – tools, equipment & vehicles required

Processing of Solid waste – Public -private partnership -final disposal of solid waste Different types if plastic waste – food grade plastics & colouring materials – recycling Rules & Regulations related to solid & plastic waste management in rural& urban areas

Unit III: Excreta & Liquid Waste Management

Methods of collection & disposal of excreta – different types of latrines

Collection of liquid filth – open drains & cesspools – disposal methods

Sewage & sewage treatment

Artificial & biological methods of cleansing liquid waste – their effect on soil pollution Biomedical waste management – general principles.

Unit IV: Camp & Housing Sanitation

Fairs, festivals, labour camps and other congregations — need for public health arrangements — methods of disease spread in large gatherings — detection of infection, isolation & disinfection & immunoprohylaxis in congregations

Lay out, accommodation, water supply, sanitary conveniences, waste collection & disposal, food establishment & control of animals during large congregations

Sanitary requirements of buildings in general – Special requirements of residence, schools, industrial buildings, places of entertainment connected with food trade

General considerations of sanitation in industries

Unit V: Engineering in Disease Control

Rodent control – rat elimination & destruction; fumigation; rat proof construction

Fly control – anti-fly measures; destruction of flies; fly traps; poisons; prevention of breeding; protection of food from flies

Mosquito control – recurrent, naturalistic and permanent methods of control of mosquito larvae & adults; spray killing methods – larvicides & insecticides

Design of drainage in relation to control of malaria, filaria & other mosquito-borne diseases; sub-soil drainage

III. References

- 1.S.S. Hacisalihzade. Biomedical applications of Control Engineering, Springer India, 2013
- 2. George Moses Price, Hygiene and Sanitation A Text Book for Nurses. Wentworth press,2016
- 3. Sunetra Roday, Food, Hygiene and Sanitation.
- 4. Ruth Bryant. Hygiene and Sanitation: ATextbook for Nurses. The American Journal of Public health
- 5. Sundar lal & Vikas. Public health management: Practice and Principles. CBS Publications, 2/3, 2018
- 6. Mary jane Shneider. Introduction to Public Health.VIVA Publications.5/e,

2017 Web resources:

https://www.iwapublishing.com/sites/default/files/ebooks/9781843395140.pdf

https://phfi.org/

https://bmcpublichealth.biomedcentral.com/

B.Sc. DEGREE COURSE IN PARAMEDICAL TECHNOLOGY

V SEMESTER - W.E.F. 2022-23

COURSE 6 C: ENVIRONMENTAL SANITIZATION & WASTE MANAGEMENT

MODEL QUESTION PAPER

Time: 3 hours Marks: 75 marks

Note: This question paper contains two parts A and B.

Part A is compulsory which carries 25 marks. Answer any five of the following questions in Part A.Part B consists of 5 Units. Answer one full question (A or B) from each unit (i.e., Q.No 9 from Unit – I, Q.No 10 from Unit – II, Q.No 11 from Unit – III, Q.No 12 from Unit – IV, Q.No 13 from Unit – V). Each question carries 10 marks.

PART – A Answer any *Five* of the following question.

(5X5=25M)

1.	
2.	
3.	
4.	
5.	
6.	
7.	
8.	

PART – B

Answer All The Questions. Each question carries 10 marks (5X10= 50M)

9.	(A)
	OR
	(B)
10.	(A)
	OR
	(B)
11.	(A)
	OR
	(D)
	(B)
12.	(A)
	OR
	(B)
13.	(A)
	OR
	(B)

COURSE 6C: ENVIRONMENTAL SANITIZATION & WASTE MANAGEMENT

Practical Syllabus Max. Marks: 50

IV. Learning Outcomes:

After completing this course, the student will be able to –

- > Prefer the type of toilet construction
- Design drainage
- > Design rat proof construction

V. Practical (Laboratory) Syllabus: (30hrs) (Max.50Marks)

- 1. Disinfection of the vomit of patient suffering from infectious disease
- 2. Disinfection of the excreta of patient suffering from infectious disease
- 3. Chlorination of a well or any other water storage facility
- 4. Field visit to nearest y hospital waste treatment facility
- 5. Visit to a sewage treatment plant

VI. Lab References:

https://apps.who.int/iris/handle/10665/171753

Any other reference given by the teacher concerned

VII. Co-Curricular Activities:

- a) Mandatory: (Student training by teacher in field skills: total15hrs, Lab: 10+ filed 05):
- 1. For Teacher: Training of students by the teacher in the laboratory and field for notlessthan15hours on the skills of identification of malnutrition cases
- 2. For Student: Students shall (individually) visit local area and observe different types of drainage, latrines suitable for rural areas, comfort pits, smokeless Chulah, gober gas plant etc. Observations and outcomes shall be submitted as Fieldwork/Project work Report not exceeding 10 pages to teacher in the given format.
- 3. Max marks for Fieldwork/Project work Report: 05.
- 4. Suggested Format for Fieldwork/Project work: Title page, student details, index page, details of place visited, observations made, findings and acknowledgements.
- 5. (IE)Unit tests

- 6. Web-based: Collection of additional information of nutrition deficiencies; Charts /Models preparation
- 7. Seminar, Invited lecture, Assignment, Group discussion. Quiz, Collection of Material, Video preparation etc.

B.Sc. DEGREE COURSE IN PARAMEDICAL TECHNOLOGY

V SEMESTER

(Syllabus under CBCS w.e.f. 2022-23)

COURSE 7 C: FUNDAMENTALS OF BIOMEDICAL INSTRUMENTATION

(Skill Enhancement Course (Elective), -Credits: 05) Max. Marks: 100

I. Learning Outcomes:

After completing this course, the student will be able to –

- ➤ Understand the importance biomedicalinstrumentation
- ➤ Able to study and interpret ECG
- ➤ Able to record ECG
- > Develop skills for operation of biomedical isntruments
- > Suggest required tests using biomedical instruments

II. Syllabus

(Total Hours: 90 including Teaching, Lab, Field Skills Training, Unit tests etc.)

Unit I: Fundamentals of Biomedical Engineering

Cell and its structure – Resting and Action Potential – Nervous system and its fundamentals – Basic components of a biomedical system- Cardiovascular systems- Respiratory systems - Kidney and blood flow – Biomechanics of bone – Biomechanics of soft tissues - Physiological signals and transducers – Transducers – selection criteria – Piezo electric, ultrasonic transducers – Temperature measurements – Fibre optic temperature sensors

Unit II: Non Electrical Parameters Measurement And Diagnostic Procedures

Measurement of blood pressure – Cardiac output – Heart rate – Heart sound – Pulmonary function measurements – spirometer – Photo Plethysmography, Body Plethysmography – Blood Gas analysers, pH of blood –measurement of blood pCO2, pO2, finger-tip oxymeter – ESR, GSR measurements.

Unit III: Electrical Parameters Acquisition And Analysis

Electrodes – Limb electrodes – floating electrodes – pregelled disposability electrodes – Micro, needle and surface electrodes – Amplifiers, Preamplifiers, differential amplifiers, chopper amplifiers – Isolation amplifier – ECG – EEG – EMG – ERG – Lead systems and recording methods – Typical waveforms – Electrical safety in medical environment, shock hazards – leakage current-Instruments for checking safety parameters of biomedical equipment.

Unit IV: Imaging Modalities and Analysis

Radio graphic and fluoroscopic techniques –Ultrasonography – Endoscopy – Thermography – Different types of biotelemetry systems – Retinal Imaging – Imaging application in Biometric systems.

Unit V: Life Assisting, Therapeutic and Robotic Devices (Basic Principles only)

Pacemakers – Defibrillators – Ventilators – Nerve and muscle stimulators – Diathermy – Heart

- Lung machine Audio meters Dialysers Lithotripsy ICCU patient monitoring system
- Nano Robots Robotic surgery Orthopedic prostheses fixation.

III. References

- 1. K.T.Scott. A Text Book of Biomedical Instrumentation. CBS Publishers, New Delhi 2019
- 2. M.B. Patil. Ward Procedures. Elsevier India. 6/e. 2013
- 3. Khandpur. Handbook of Biomedical Instrumentation. McGraw Hill Education. 3/e. 2014

Web resources: https://www.cdac.in/index.aspx?

id=DBIHI&courseid=66#

https://lecturenotes.in/subject/27/biomedical-instrumentation-bi/notehttps://studymaterialspdf.com/ei8-073-biomedical-instrumentation-eee/

Any other web resource suggested by the concerned teacher

B.Sc. DEGREE COURSE IN PARAMEDICAL TECHNOLOGY

V SEMESTER - W.E.F. 2022-23

COURSE 7 C: FUNDAMENTALS OF BIOMEDICAL INSTRUMENTATION

MODEL QUESTION PAPER

Time: 3 hours Marks: 75 marks

Note: This question paper contains two parts A and B.

Part A is compulsory which carries 25 marks. Answer any five of the following questions in Part A.Part B consists of 5 Units. Answer one full question (A or B) from each unit (i.e., Q.No 9 from Unit – I, Q.No 10 from Unit – II, Q.No 11 from Unit – III, Q.No 12 from Unit – IV, Q.No 13 from Unit – V). Each question carries 10 marks.

PART – A Answer any *Five* of the following question.

(5X5=25M)

1.	
2.	
3.	
4.	
5.	
6.	
7.	
8.	

PART – B

Answer All The Questions. Each question carries 10 marks (5X10= 50M)

9.	(A)
	OR
	(B)
10.	(A)
	OR
	(B)
11.	(A)
	OR
	(D)
	(B)
12.	(A)
	OR
	(B)
13.	(A)
	OR
	(B)

Course 6C: Environmental Sanitization & Waste management

Practical Syllabus Max. Marks: 50

IV. Learning Outcomes:

After completing this course, the student will be able to –

- > Use medical instruments
- Record ECG
- ➤ Analyse ECG & EEG
- > Analyse blood gases
- ➤ Measure BP

V. Practical (Laboratory) Syllabus: (30hrs) (Max.50Marks)

- 1. Record ECG
- 2. Recording blood pressure using ascaultatory method & electronic apparatus
- 3. Recording ultrasonography of abdomen
- 4. Field visit to nearest hospital for observing the function of life assisting equipment
- 5. Visit to an established clinical lab for learning safety protocol for biochemical analyzers

VI. Lab References:

https://www.srmist.edu.in/content/biomedical-instrumentation-lab-i https://webstor.srmist.edu.in/web_assets/srm_mainsite/files/downloads/bmi.pdf

Any other reference given by the teacher concerned

VII. Co-Curricular Activities:

- a) Mandatory: (Student training by teacher in field skills: total15hrs, Lab: 10+ filed 05):
- 1. For Teacher: Training of students by the teacher in the hospital and lab for not less than 15 hours on the skills of identification of malnutrition cases
- 2. For Student: Students shall (individually) visit nearest hospitals and observe different types of equipment available with them. Observations and outcomes shall be submitted as Fieldwork/Project work Report not exceeding 10 pages to teacher in the given format.
- 3. Max marks for Fieldwork/Project work Report: 05.
- 4. Suggested Format for Fieldwork/Project work: Title page, student details, index page, details of place visited, observations made, findings and acknowledgements.
- 5. (IE)Unit tests

b) Suggested Co-Curricular Activities

- 6. Web-based: Collection of additional information of medical instruments; Charts /Models preparation
- 7. Seminar, Invited lecture, Assignment, Group discussion. Quiz, Collection of Material, Video preparation etc.
