

4.1.3. Availability of General Campus Facilities and Overall Ambience

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- 1. S.V. University Ariel view & Map
- 2. Lord Venkateswara Swamy Temple
- 3. S.V. University Srinivasa Auditorium
- 4. S.V. University Open Air Auditorium
- 5. S.V. University Library
- 6. S.V. University Health Centre
- 7. S.V. University Stadium & Sports Facilities
- 8. S.V. University School
- 9. S.V. University Day Care Centre
- 10.S.V. University Banks & ATM's
- 11.S.V. University Post Office
- 12.S.V. University R.O. Plant & Water Works
- 13.S.V. University Govt. Model Career Centre
- 14.S.V. University Power Station
- **15.**S.V. University Food Court
- 16.S.V. University Co-Operative Store
- 17.S.V. University Xerox Centre
- 18.S.V. University Instrumentation and Maintenance Facilities
- 19.S.V. University NAAC Office
- 20.S.V. University IQAC Office
- 21.S.V. University Hostels
- 22.S.V. University women's Hostel
- 23.S.V. University Differently Abled Hostel
- 24.S.V. University Open Reading Area
- 25.S.V. University Transport
- 26.S.V. University Roads
- 27.S.V. University Parking Slots
- 28.S.V. University Press
- 29.S.V. University C. CO-OP. Stores LTD
- 30.S.V. University Nutrition And Diet Counselling Centre
- 31.S.V. University UGC Human Resources Development Centre
- 32.S.V. University Employee Information and Guidance Bureau

#### **Administrative Block**



College of ARTS



College of SCIENCES



Engineering College



College of CMCS

College of Pharmacy

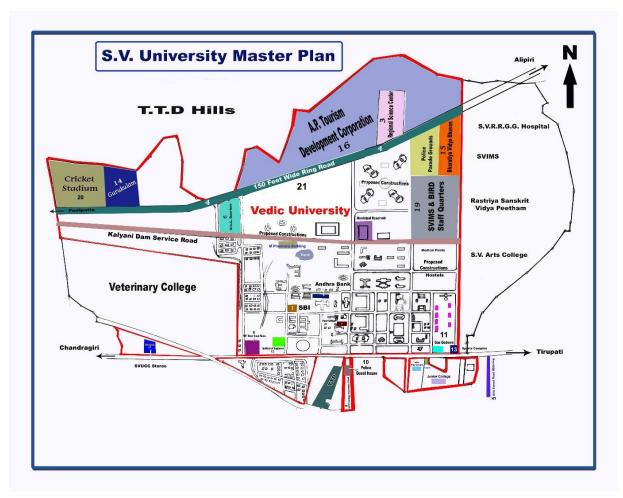




#### 1.S.V. University Ariel view & Map Campus Aerial View



#### <u>Map</u>



2. Lord Venkateswara Swamy Temple





# 3.Srinivasa Auditorium





4.Open Air Auditorium



# 5. S.V. University Library





Students' Competitive Cell



Digital Library

#### 6. S.V. University Health Centre

















# 7. S.V. University Stadium & Sports Facilities







# Volley ball court



# Basket Ball court



Indoor Stadium



#### **Gymnasium Facilities**



<u>Multi Gym</u>

Fitness Den



Badminton Wooden Indoor court

Ball Badminton court

# 8. S.V. University Campus High School







# 8. S.V. University Day Care Centre



# Trampoline



#### 10.Banks & ATM's

# State Bank of India, Campus Branch



#### <u>ATM</u>



# Union Bank



#### <u>ATM</u>



#### **11. SV University Post Office**



#### 12. R.O. Plant & Water Works





#### 13.Govt. Model Career Centre



# 14.Power Station



#### 15. S.V. University Food Court









#### 16.S.V. University Co-Operative Store





# Drinking Water Supply Tank



#### 17. S.V. University Xerox Centre



#### **18. Instrumentation and Maintenance Facilities**























<u>USIC</u>





Machine Shop



# Instrument Shop



Glass blowing Section

#### **19.NAAC OFFICE**



NAAC Director



# NAAC Staff

## 20.IQAC Office





21. SVU Hostels for Men























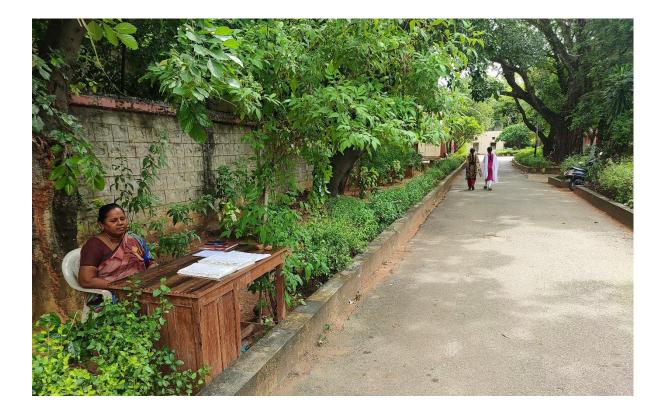


#### 22.SVU Hostels for Women









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#### Womens Hostel Store





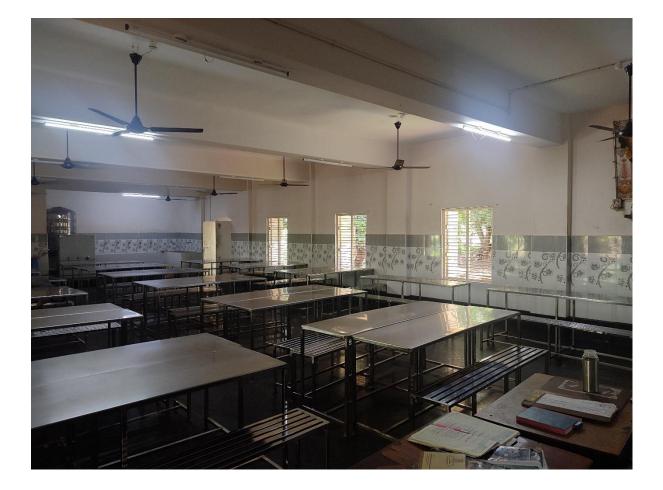
# 23.S.V. University Hostel for Differently Abled



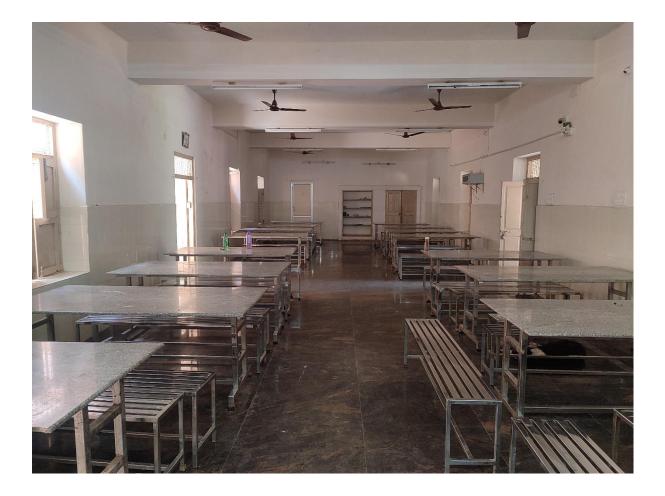


# Mess facility









# R.O.System



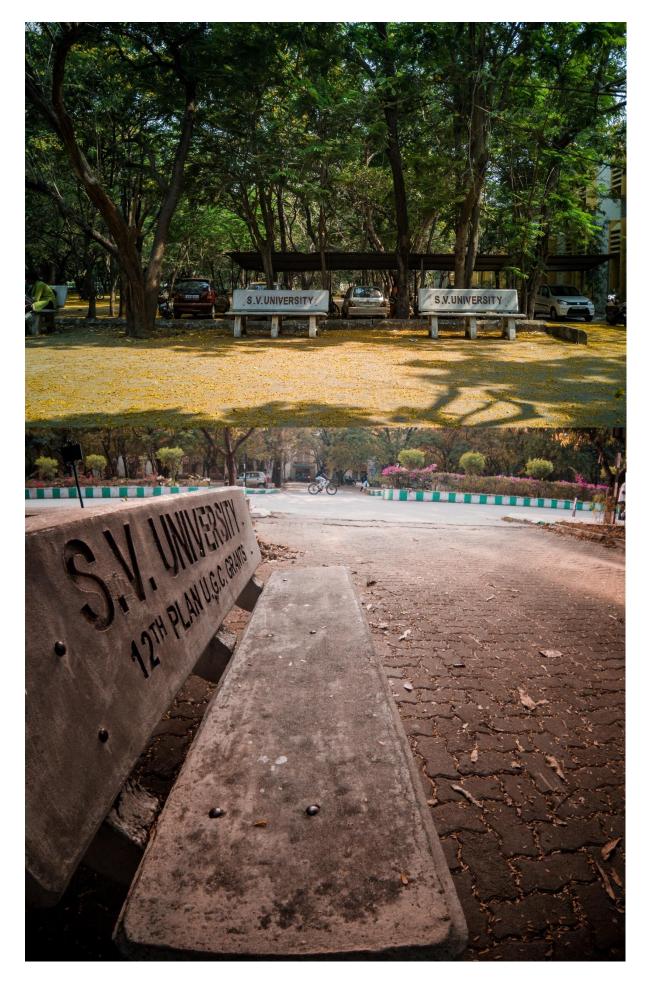


#### Wash rooms





## 24.Open Reading Area



## 25.Transport Facility





## 26.S.V.University Roads













#### **27.S.V.University Parking Slots**















SVU Press





#### 29.S.V.U.C. CO-OP. Stores LTD





#### **30.S.V.** University Nutrition And Diet Counselling Centre

Food Science, nutrition and dietetics programme in the Department of Home Science having Nutrition and Diet Counselling Centre. The students of M.Sc Food Science, nutrition and dietetics with the supervision of the professors carry out nutrition and diet counselling to the students, staff and even extended to the public who are approaching the centre. The students assess the individual's health and nutritional status by applying appropriate assessment protocols. After assessing their health and nutritional status, the students prepare personalize diet charts and ask the clients to follow. Continuous follow-ups are maintained. Apart from nutrition and diet counselling the centre also celebrates significant national and international nutrition days such as National Nutrition week/ month, national diabetic day, Cancer Day, Hypertension Day and World Food Day etc., by organizing awareness programmes and exhibitions.



















### SRI VENKATESWARA UNIVERSITY NUTRITION AND DIET COUNSELING CENTER FOOD SCIENCE NUTRITION AND DIETETICS DEPARTMENT OF HOME SCIENCE DIET CHART FOR IMMUNITY



Meal Time	Menu	Serving size
Early morning 6:00 Am	Cinnamon Tea / Turmeric Tea	1 cup
Breakfast 8:00 Am	Rava Idli/ Spinach puri/ Millet Dosa Peanut chutney / Ginger Chutney Apple	2 no 1 katori 1 No
Mid morning 11:00 Am	Fruit salad/Sprouts Salad	1 glass
Lunch 1:00 Pm	Vegetable pulao /Tomato pulao/ Rice Chicken curry/Soya chunks curry Carrot Beans/ Amaranth Leaves stir fry Rasam Curd Garlic/Lemon pickle Banana	1 katori 1 katori 1 katori 1 katori 30 g 1 table spoon 1 no
Dinner 8:00 Pm	Chapati / Phulka Cauliflower peas curry/ Mixed veg curry Curd Rice	2 no 1 katori 1 katori
Bed Time 9:00 pm	Turmeric Milk	1 glass

#### NUTRITION PROVIDED BY THE DIET

Energy	2000 kcal	
Proteins	100 g	
Carbohydrates	300 g	
Fat	44.4 g	
Vitamin -C	80 mg	
Vitamin - A	840 mg	
Calcium	1000 mg	

# MENU PLAN FOR ELDERLY



MEAL TIME	ITEMS	QUANTITY
EARLY MORNING	Milk	1 Glass
BREAKFAST	Carrot Idli / Vegetable Pongal	3 No./ 1 Cup
	Bengal Gram Groundnut Chutney	1⁄4 Cup
MID MORNING	Tomato Soup	120 ml
LUNCH	Beetroot Chapathi	2 No (15 g each)
	Rice	1 Cup
	Drumstick sambhar	1 Cup
	Mixed Vegetable Curry	1 Cup
	Buttermilk	1 Glass
TEA TIME	Banana	1 Medium
	Tea (with skimmed milk)	150 ml
DINNER	Rice	1 Cup
	Amaranth Dal	1 Cup
	Cabbage Curry	1 Cup
	Rasam	1 Cup.
	Buttermilk	1 Glass
BED TIME	Hot Milk	1 Glass

## MENU PLAN FOR DIABETIC ADULTS

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Diabetes. For Life.

MEAL TIME	ITEMS	QUANTIT
EARLY MORNIN	G Green Tea (without sugar)	1 Glass
BREAKFAST	Mixed Vegetable Oats Upma	1 cup.
	Mint Coriander Chutney	1/4 Cup
MID MORNING	Mixed Fruit Salad (Except Banana)	100 gm
LUNCH	Fenugreek Chapathi	3 No (15 g apph)
	Ashgourd Bengal Gram Dal	(15 g each) 1 cup
	Soyabean Curry	1 cup
	Vegetable Salad	l cup
TEA THAT	Mint Buttermilk	1 Glass
TEA TIME	Diabetic Multigrain Biscuits	2 No
DINNER	Bitter gourd Juice	1 Glass
DINNER	Phulka	3 No
	Spinach green gram dhal	(15 g each) 1 cup
	Cabbage curry	1 cup
BED TIME	Jeera Buttermilk	1 Glass
	Diabetic Resource	1/2 Glass

# MENU PLAN FOR PRE-SCHOOL CHILDREN

MEAL TIME	ITEMS	QUANTITY
EARLY MORNING	Milk with Horlicks	1 Glass
BREAKFAST	Tricolor Sandwich	2 Slices
	Mango Milk Shake	1 Glass
MID MORNING	Mix Fruit Chat	50 gm
LUNCH	Potato Paratha	1 Medium
	Spinach Rice	½ Cup
	Cucumber Raita	½ Cup
	Laddu	1 no
TEA TIME	Fruit cake	2 pieces (Small)
	Banana Milk Shake	1 Glass
DINNER	Rice	½ Cup
	Mixed Vegetable Stuffed Chapathi	1 No
	Bottlegourd Mango Dal	1/2 Cup
	Curd	½ Cup
BED TIME	Milk with Hiowana	1 Glass

#### **31.S.V.** University UGC Human Resources Development Centre



## **32.S.V.** University Employee Information and Guidance Bureau





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