



# SRI VENKATESWARA UNIVERSITY

Accredited By 'NAAC' With 'A+' Grade



4.1.3. Availability of General Campus Facilities and Overall Ambience

### **4.1.3. Availability of General Campus Facilities and Overall Ambience**

- 1. S.V. University Ariel view & Map**
- 2. Lord Venkateswara Swamy Temple**
- 3. S.V. University Srinivasa Auditorium**
- 4. S.V. University Open Air Auditorium**
- 5. S.V. University Library**
- 6. S.V. University Health Centre**
- 7. S.V. University Stadium & Sports Facilities**
- 8. S.V. University School**
- 9. S.V. University Day Care Centre**
- 10.S.V. University Banks & ATM's**
- 11.S.V. University Post Office**
- 12.S.V. University R.O. Plant & Water Works**
- 13.S.V. University Govt. Model Career Centre**
- 14.S.V. University Power Station**
- 15.S.V. University Food Court**
- 16.S.V. University Co-Operative Store**
- 17.S.V. University Xerox Centre**
- 18.S.V. University Instrumentation and Maintenance Facilities**
- 19.S.V. University NAAC Office**
- 20.S.V. University IQAC Office**
- 21.S.V. University Hostels**
- 22.S.V. University women's Hostel**
- 23.S.V. University Differently Abled Hostel**
- 24.S.V. University Open Reading Area**
- 25.S.V. University Transport**
- 26.S.V. University Roads**
- 27.S.V. University Parking Slots**
- 28.S.V. University Press**
- 29.S.V. University C. CO-OP. Stores LTD**
- 30.S.V. University Nutrition And Diet Counselling Centre**
- 31.S.V. University UGC Human Resources Development Centre**
- 32.S.V. University Employee Information and Guidance Bureau**

## Administrative Block



College of ARTS

College of SCIENCES

Engineering College



College of CMCS

College of Pharmacy



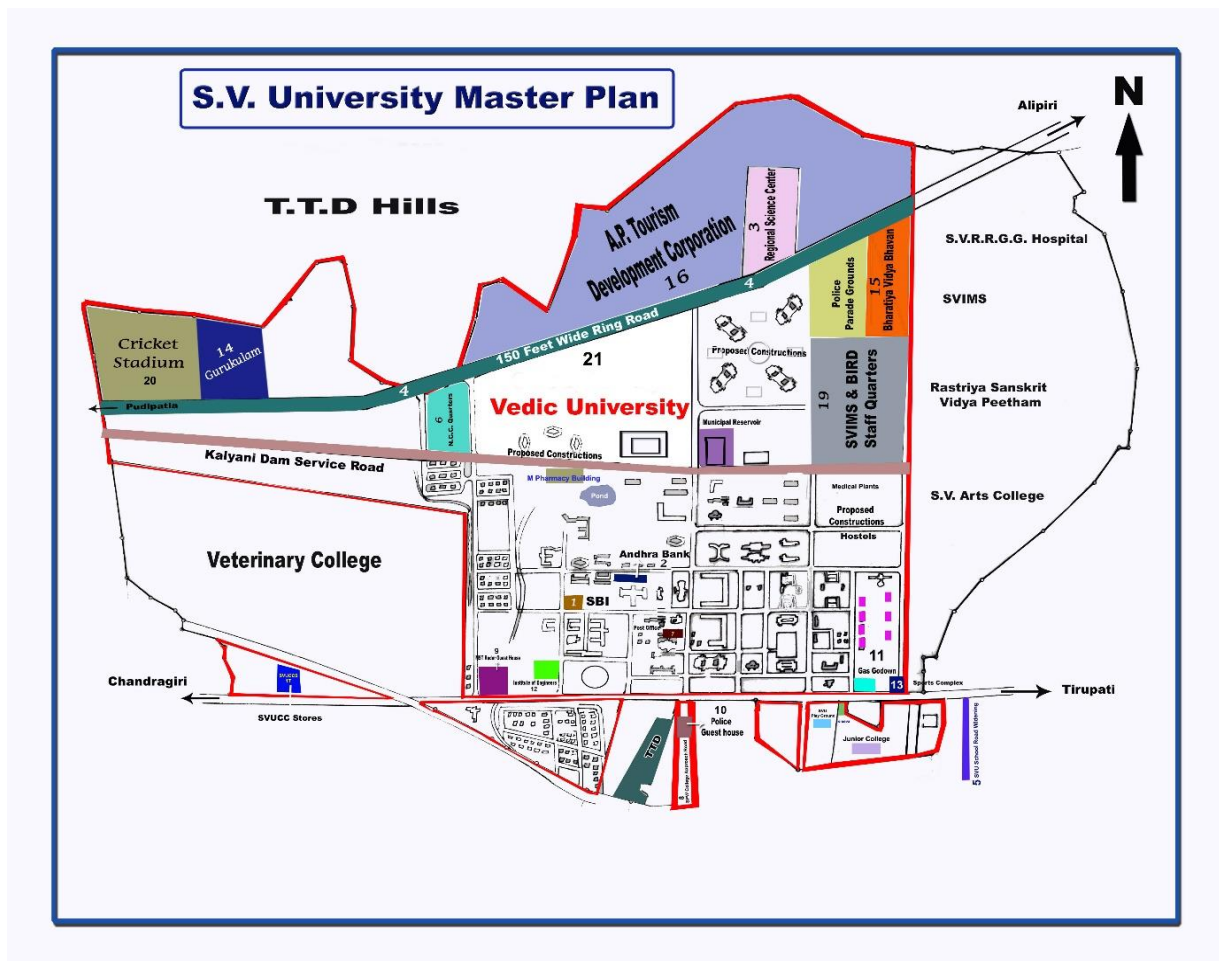


# 1.S.V. University Ariel view & Map

## Campus Aerial View



Map





## 2. Lord Venkateswara Swamy Temple





### 3.Srinivasa Auditorium





#### 4. Open Air Auditorium



#### 5. S.V. University Library





Students' Competitive Cell



Digital Library



## 6. S.V. University Health Centre









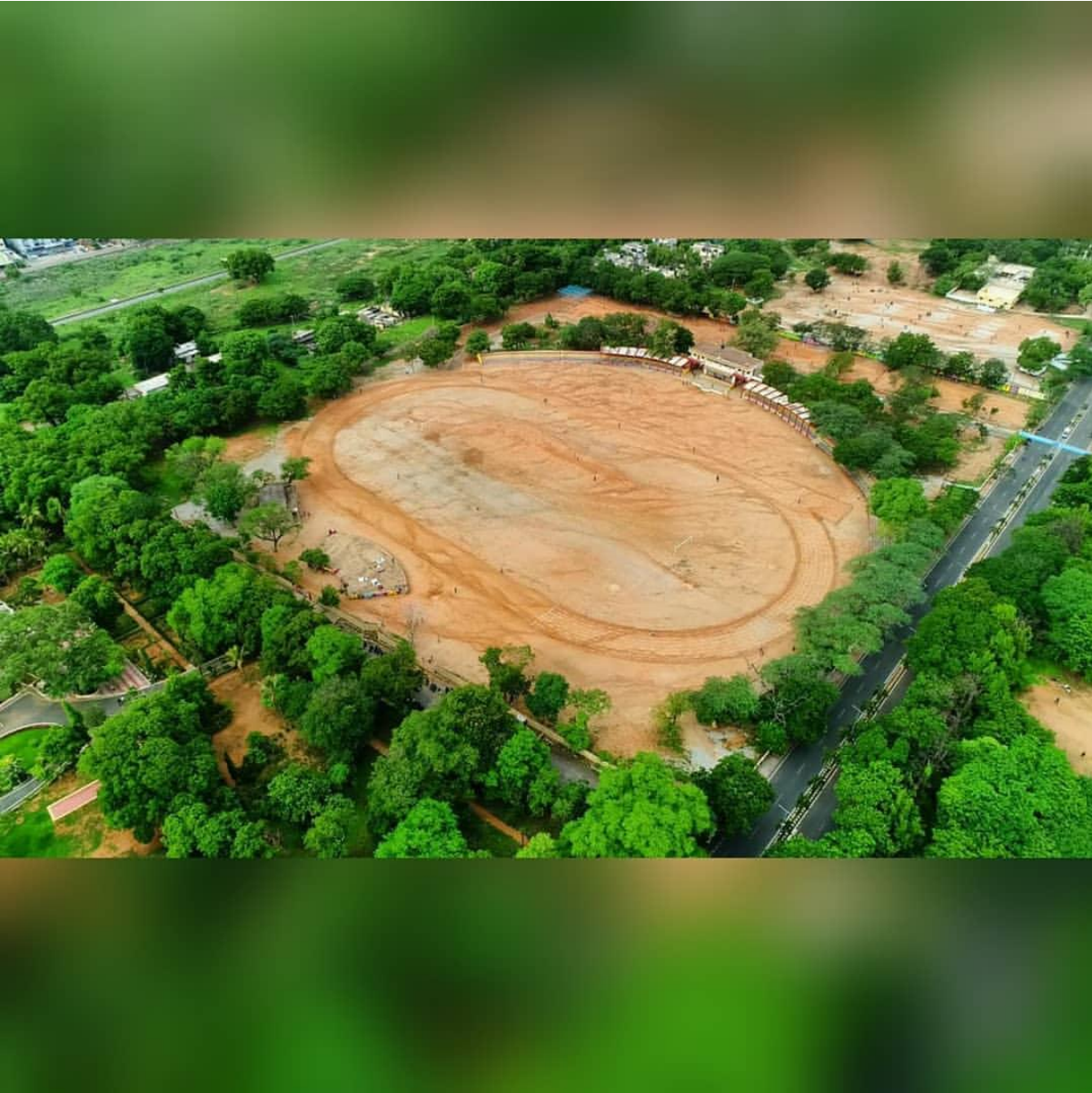








**7. S.V. University Stadium & Sports Facilities**







**Volley ball court**





## Basket Ball court



## Indoor Stadium





Gymnasium Facilities



Multi Gym



Fitness Den



Volleyball court



Basketball cement



Badminton Wooden Indoor court



Ball Badminton court



## 8. S.V. University Campus High School









## 8. S.V. University Day Care Centre



Trampoline





## 10.Banks & ATM's

### State Bank of India, Campus Branch



### ATM





**Union Bank**



**ATM**





## 11. SV University Post Office



## 12. R.O. Plant & Water Works







### **13.Govt. Model Career Centre**





## 14. Power Station



## 15. S.V. University Food Court











**16.S.V. University Co-Operative Store**







Drinking Water Supply Tank





## 17. S.V. University Xerox Centre



## 18. Instrumentation and Maintenance Facilities

























# USIC



Machine Shop





Instrument Shop



Glass blowing Section



## 19.NAAC OFFICE



NAAC Director



NAAC Staff



## 20.IQAC Office





## 21. SVU Hostels for Men

























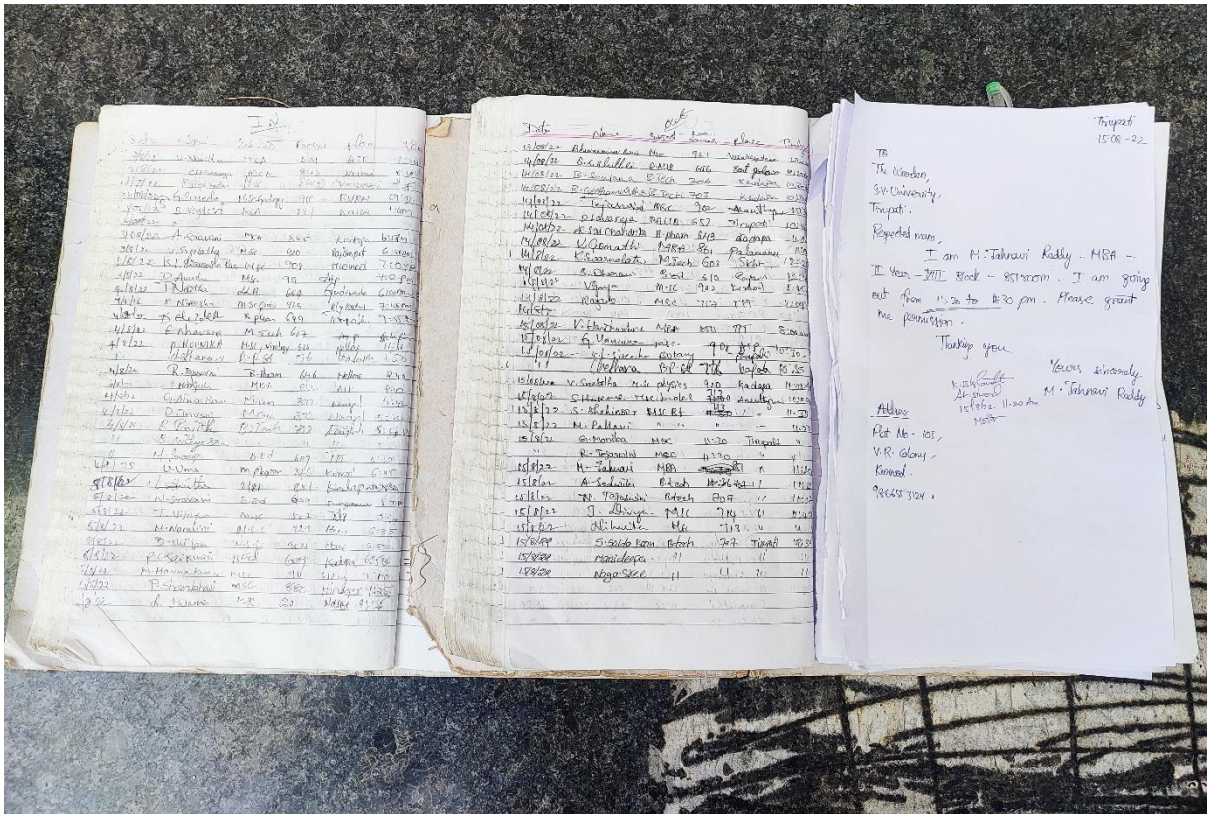
## 22.SVU Hostels for Women





























# Womens Hostel Store





## 23.S.V. University Hostel for Differently Abled





## Mess facility









# R.O. System





## Wash rooms





**24.Open Reading Area**





## 25. Transport Facility





## 26.S.V.University Roads













## 27.S.V.University Parking Slots

















## SVU Press





## 29.S.V.U.C. CO-OP. Stores LTD





### 30.S.V. University Nutrition And Diet Counselling Centre

Food Science, nutrition and dietetics programme in the Department of Home Science having Nutrition and Diet Counselling Centre. The students of M.Sc Food Science, nutrition and dietetics with the supervision of the professors carry out nutrition and diet counselling to the students, staff and even extended to the public who are approaching the centre. The students assess the individual's health and nutritional status by applying appropriate assessment protocols. After assessing their health and nutritional status, the students prepare personalize diet charts and ask the clients to follow. Continuous follow-ups are maintained. Apart from nutrition and diet counselling the centre also celebrates significant national and international nutrition days such as National Nutrition week/ month, national diabetic day, Cancer Day, Hypertension Day and World Food Day etc., by organizing awareness programmes and exhibitions.



























**SRI VENKATESWARA UNIVERSITY**  
**NUTRITION AND DIET COUNSELING CENTER**  
**FOOD SCIENCE NUTRITION AND DIETETICS**  
**DEPARTMENT OF HOME SCIENCE**  
**DIET CHART FOR IMMUNITY**



Meal Time	Menu	Serving size
Early morning 6:00 Am	Cinnamon Tea / Turmeric Tea	1 cup
Breakfast 8:00 Am	Rava Idli/ Spinach puri/ Millet Dosa Peanut chutney / Ginger Chutney Apple	2 no 1 katori 1 No
Mid morning 11:00 Am	Fruit salad/Sprouts Salad	1 glass
Lunch 1:00 Pm	Vegetable pulao /Tomato pulao/ Rice Chicken curry/Soya chunks curry Carrot Beans/ Amaranth Leaves stir fry Rasam Curd Garlic/Lemon pickle Banana	1 katori 1 katori 1 katori 1 katori 30 g 1 table spoon 1 no
Dinner 8:00 Pm	Chapati / Phulka Cauliflower peas curry/ Mixed veg curry Curd Rice	2 no 1 katori 1 katori
Bed Time 9:00 pm	Turmeric Milk	1 glass

**NUTRITION PROVIDED BY THE DIET**

Energy	2000 kcal
Proteins	100 g
Carbohydrates	300 g
Fat	44.4 g
Vitamin -C	80 mg
Vitamin - A	840 mg
Calcium	1000 mg



## MENU PLAN FOR ELDERLY



<i>MEAL TIME</i>	<i>ITEMS</i>	<i>QUANTITY</i>
<b>EARLY MORNING</b>	<i>Milk</i>	1 Glass
	<b>BREAKFAST</b>	<i>Carrot Idli / Vegetable Pongal</i>
<b>MID MORNING</b>	<i>Bengal Gram Groundnut Chutney</i>	¼ Cup
	<i>Tomato Soup</i>	120 ml
<b>LUNCH</b>	<i>Beetroot Chapathi</i>	2 No (15 g each)
	<i>Rice</i>	1 Cup
	<i>Drumstick sambhar</i>	1 Cup
	<i>Mixed Vegetable Curry</i>	1 Cup
	<i>Buttermilk</i>	1 Glass
<b>TEA TIME</b>	<i>Banana</i>	1 Medium
	<i>Tea (with skimmed milk)</i>	150 ml
<b>DINNER</b>	<i>Rice</i>	1 Cup
	<i>Amaranth Dal</i>	1 Cup
	<i>Cabbage Curry</i>	1 Cup
	<i>Rasam</i>	1 Cup.
	<i>Buttermilk</i>	1 Glass
<b>BED TIME</b>	<i>Hot Milk</i>	1 Glass



## MENU PLAN FOR DIABETIC ADULTS



MEAL TIME	ITEMS	QUANTITY
EARLY MORNING	<i>Green Tea (without sugar)</i>	1 Glass
BREAKFAST	<i>Mixed Vegetable Oats Upma</i>	1 cup.
	<i>Mint Coriander Chutney</i>	¼ Cup
MID MORNING	<i>Mixed Fruit Salad (Except Banana)</i>	100 gm
LUNCH	<i>Fenugreek Chapathi</i>	3 No (15 g each)
	<i>Ashgourd Bengal Gram Dal</i>	1 cup
	<i>Soyabean Curry</i>	1 cup
	<i>Vegetable Salad</i>	1 cup
	<i>Mint Buttermilk</i>	1 Glass
TEA TIME	<i>Diabetic Multigrain Biscuits</i>	2 No
	<i>Bitter gourd Juice</i>	1 Glass
DINNER	<i>Phulka</i>	3 No (15 g each)
	<i>Spinach green gram dhal</i>	1 cup
	<i>Cabbage curry</i>	1 cup
	<i>Jeera Buttermilk</i>	1 Glass
BED TIME	<i>Diabetic Resource</i>	½ Glass



## MENU PLAN FOR PRE-SCHOOL CHILDREN



MEAL TIME	ITEMS	QUANTITY
EARLY MORNING	<i>Milk with Horlicks</i>	1 Glass
BREAKFAST	<i>Tricolor Sandwich</i>	2 Slices
	<i>Mango Milk Shake</i>	1 Glass
MID MORNING	<i>Mix Fruit Chat</i>	50 gm
LUNCH	<i>Potato Paratha</i>	1 Medium
	<i>Spinach Rice</i>	½ Cup
	<i>Cucumber Raita</i>	½ Cup
	<i>Laddu</i>	1 no
TEA TIME	<i>Fruit cake</i>	2 pieces (Small)
	<i>Banana Milk Shake</i>	1 Glass
DINNER	<i>Rice</i>	½ Cup
	<i>Mixed Vegetable Stuffed Chapathi</i>	1 No
	<i>Bottlegourd Mango Dal</i>	½ Cup
	<i>Curd</i>	½ Cup
BED TIME	<i>Milk with Hiowana</i>	1 Glass



### 31.S.V. University UGC Human Resources Development Centre



### 32.S.V. University Employee Information and Guidance Bureau







  
The Director  
NAAC Committee  
S.V. University  
TIRUPATI - 517 502