

7.1.1 MEASURES INITIATED BY THE INSTITUTION FOR THE PROMOTION OF GENDER EQUITY DURING THE LAST FIVE YEARS

7.1.1 Measures Initiated By The Institution For The Promotion Of Gender Equity During The Last Five Years

Sri Venkateswara University strives in its spirit of academic and social endeavours in terms of women empowerment, women's rights and gender equity. Women represent a sizeable number within the university with 55% of girls enrolled in PG and 60% of girls enrolled in M.Phil. and Ph.D. programmes. This includes first generation graduates and women students hailing from rural background. Top positions like Rector, Registrar Controller of Examinations, Director of Distance Education and Principals have been represented by women during this period of assessment. Currently, four Executive Council Members and sixteen heads (33%) of the departments are also women.

Keeping this in view, the University has established a separate centre for Women's Studies. The Centre organizes several programmes and events to promote gender sensitisation among the students, teaching and non-teaching staff community within the campus and also within the academic jurisdiction of the university.

A Legal Aid committee (CASH) Club has been institutionalised in association with our Law department to provide legal awareness to women and students. Any issues for women can be directly informed to committee. The committee permits within 15-30 days. SVU regularly organises health and personal sanitation camps for women. Between 2017 and 2022, several camps were organised and 821 women were benefitted. The women studies Centre has conducted programmes on Women Health Care Management, Sanitation and Hygiene Management and medical camps for women. Nearly 516 students have been benefitted from these programmes. The Centre also organised a workshop on Gender Vs Entrepreneurship for women students. The center for women studies, center for extension studies and Department of Home Science organizes gender sanitization programmes in and off campus.

Sri Venkateswara University has a common waiting hall in all the buildings. Need based personal and nutrition and diet counselling sessions are organised with the assistance of the department of Psychology and Nutrition and Diet Counselling Centre, Department of Home Science respectively. Napkin incinerator has been installed in the campus for the convenience of women. The entire campus is under surveillance cameras and adequate security services are in place to ensure women's safety.

The University addresses the grievances of women by forming appropriate committees with equal representation of women faculty in decision making processes. It has also provided equal opportunity to women staff and students. Every year Women's Day is celebrated by the

university grandiosely to encourage the spirit and well-being of women. With all these activities S.V. University stands strong in beholding the theme of gender equity as per the thoughts of the social reformers.

The Day care centre was established to support working women of S.V. University as well as employed women of Tirupati town to provide their kids quality care during day time in well-equipped and spacious premises of S.V. University laboratory nursery school. S V University Laboratory Nursery School has been providing, enriching and engaging experiences for young children since 1963. The Lab. Nursery School is managed by the Department of Home Science. Learning in the school is made enjoyable for young children through the play-way approach. The school provides an ideal early childhood program, an enriching experience for young children.

The Day Care Centre was established in the premises of SVU laboratory Nursery school attached to the Department of Home Science under UGC XI plan merged scheme during 2005. The Day Care Centre was established to support working women of SV university as well as employed women of Tirupati town, who have young children below 3 years and to provide quality care during day time in a cheerful, well-equipped and spacious rooms at SV University Laboratory Nursery school premises. The Day Care Centre has been maintained by the faculty of Department of Home Science who have expertise in developmental aspects of children.

Specific facilities provided for women

The University aims to empower girl students and women faculty on women issues and to make the University campus a safe and protective place for girls and women. The facilities provided for women in terms of:

- 1. Safety and security
- 2. Counselling
- 3. Common Rooms
- 4. Day Care Centre for young children
- 5. Any other relevant information

SAFETY AND SOCIAL SECURITY

Safety and security of everyone on the campus is ensures by the University through well-defined systems. S V university extends great importance to the safety of student's women and staff. In order to maintain Safety and Security to the Girls' students and women faculty, a committee has been constituted for Redress of Grievances. Our Internal Compliances committee stays alert all the time to prevent any sexual abuse towards students and female workers. We also focus on preventing this kind of harassments by using secret monitory services, which keep a keen eye on the entire campus. As a safe campus is an essential prerequisite to effective learning. University facilities provided for women are mentioned below

- Trained security guards appointed at key locations. Identity cards are mandated for all the students, staff and employees.
- ➤ There is a campus Police Station to take care of security aspects.
- ➤ CCTV cameras are installed at prominent locations. First Aid boxes are made available at various locations. Further, SVU has a health centre for handling medical emergencies.
- ➤ Women faculty members accompany girl students whenever they participate after college hours inoutdoor or in-house activities.
- The girls students and women faculty installed DISHA App for their self-security.
- > SVU also ensures social security through Anti-Ragging Committee, Student Grievance Redressal Committee and Internal Complaints Committee. Suggestion boxes are also placed and grievances, if any, are addressed. SVU ensures that there are absolutely no instances of ragging on the campus.
- ➤ CASH committee was appointed, VC as chairman. Sexual harassment issues are addressed by this committee.
- ➤ In hostel for every block Wardens and Deputy Wardens will be taking care of the block on shift system.

SRI VENKATESWARA UNIVERSITY: TIRUPATI CASH & CG (Committee Against Sexual Harassment and Corruption and Grievances)

In pursuance of guidelines issued by Supreme Court, UGC and in pursuance of Sexual Harassment of Women at Workplace (Prevention, Prohibition and Redressal) Act, 2013, Anti Sexual Harassment Cell (Internal Complaints Committee) named "Jagrauthi" is constituted to provide a healthy and congenial atmosphere in the campus of Sri Venkateswara University,

Tirupati. The Committee against Sexual Harassment (CASH) was formed as part of a larger institutional framework for the creation of a safe, equitable and inclusive campus environment. The Committee's chief mandate includes considering complaints or grievances in relation to sexual harassment offences committed by students, faculty, staff and visitors on campus, and awareness-raising. The evolution of Committee has followed its own guiding ethic, of inclusion, from the very start. The drafting and deliberation process has been highly participative with all primary stakeholders involved at each stage. The result has been the NALSAR Sexual Harassment regulations and policy, which are nearing finalization after due deliberation with faculty and students. The participation of students, in particular, has ensured that the policy reflects the unique concerns and dynamics of a vibrant and diverse student population. The Committee is open to all persons of all positions and genders. It is also linked to the counseling cell and restorative justice wing so that any person facing any difficulty has a range of interventions, support systems and mechanisms apart from a formal complaints process to choose from. Awareness and sensitization are crucial to preventing sexual harassment. The Committee conducts sensitization aimed at facilitating respectful interaction between people and empowering people to speak out about any experience of harassment or any barriers that they face in the University. The present Committee consists of 15 members and is headed by Vice Chancellor S.V. University Tirupati. It is assisted by a support group of faculty and all of whom have undergone training for responding to people in distress and supporting them through any formal action or procedure with CASH or any external authority. It is hoped that with the institution of CASH, all persons will have a safe space to turn to in light of any difficulty and that the campus environment will be conducive to the growth and flourishing of all. In case of any grievances, CASH & CG is the University's instrument for addressing issues/grievances/cases of sexual harassment and recommending their redressal. This is in keeping with Article 21 of the Constitution of India which assures every individual the right to live with human dignity, free from exploitation. The State, therefore, is under a constitutional obligation to see that there is no violation of the fundamental right of any person. It is in this spirit that the policy of PRIST University is formulated to prevent sexual harassment of women on the campus. The policy extends to all students, faculty, and staff of the University.

The Committee take cognizance of all forms of sexual harassment towards women and promote gender sensitization Functions of CASH has two major functions: Preventive and Remedial Preventive

- ➤ To work towards creating an atmosphere promoting equality, nondiscrimination and gender sensitivity
- > To promote and facilitate measures to create a work and study environment that is free of sexual harassment
- To receive and take cognizance of complaints made about sexual harassment at the university and give every complaint serious consideration.
- > Crisis Management, Mediation and Counseling.
- To conduct enquiries into the complaints, place findings and recommendations regarding penalties against the harasser in accordance with the rules and procedures laid down by the GSCASH, before the University Administration Composition of CASH & CG The CASH shall have minimum 15 members. The composition of the members listed below.
- A presiding officer who shall be a woman employed at a senior level at the workplace from amongst the employees.
- Four faculty members (two men and two women) with a representation of different schools within PRIST preferably with experience in social work, legal knowledge and who are committed to the cause of the women.
- > Representation from non-teaching staff.
- One outside expert from an NGO.
- Student Representatives.

Reorganized Committee on 06.09.2019

1.	Prof. N. Savithramma	Chairperson
	Department of Botany	
	SVU College of Sciences, Tirupati.	
2	Prof. P. Usha Rani	Member
	Department of English	
	SVU College of Arts, Tirupati.	
3.	Prof. V. Padmavathi	Member
	Department of Chemistry	
	SVU College of Sciences, Tirupati.	
4.	Prof. N. Yasodamma (Retired)	Member
	Department of Botany	
	SVU College of Sciences, Tirupati.	
5.	Prof. M. Rajasekhar	Member
	Department of commerce	
	SVU College of C. M., & C.S., Tirupati	
6.	Prof. B. Anuradha	Member
	Department of ECE	
	SVU College of Engineering, Tirupati.	
7.	Prof. A. Lakshmi Devi	Member
	Department of EEE	
	SVU College of Engineering, Tirupati.	
8.	Mrs. M. Lochini	Member
	Advocate Tirupati.	
9.	Mrs. Manjula	Member
	PASS, NGO, Tirupati.	
10.	Mrs. Rohini Reddy	Member
	NGO Pulicherla.	

11.	The Principal,	Member
	SVU College of Arts.	
12.	The Principal,	Member
	SVU College of Sciences.	
13.	The Principal,	Member
	SVU College of C. M., & C.S., Tirupati.	
14.	The Principal,	Member
	SVU College of Engineering, Tirupati.	
15.	Final semester student	Member

The Committee enquired number of issues during last five years and suggested recommendations to the authorities of S.V. University related to departmental students and staff who suffered due to the harassment.

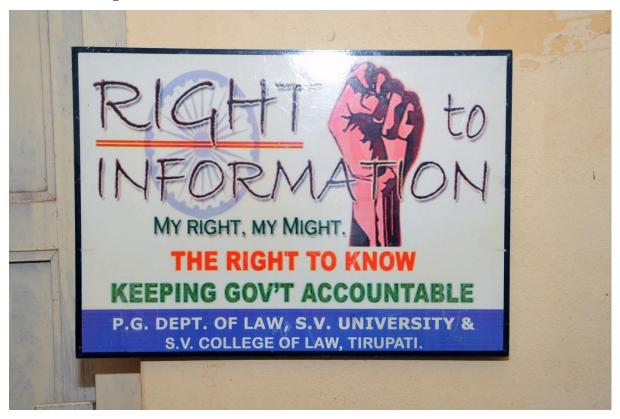








Awareness Programme on Centre For Extension Studies & Centre For Women Studies











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ම්ධ: 10-12-2018 කාංශී 11-12-2018 ක්රජා



Time: 6 am to 7.30 am:



Venue: Terrace of N.S. Building



For more information please contact

Kyoshi Prof. Dr. G. Sudarsanam, 7th Dan Black Belt, Director, CMAS,S V University. Phone: 0877-2249409 (off.); 0877-2248267 (Resi.); cell: Cell: +919989053632





Training Students For Self-Defense

అత్మరక్షణ ఖర్య(కరాటే).. ఒక ప్పుడు నగరాలకే పరిమతమెంది. బ్రస్తుతం నగరాలు, పట్టణాలు దాటుకుని పల్లె బాట పడుతోంది. బాళికలు, మహిళలపై వేధింపులు, లైంగిక దాడులు పెచ్చుమీరుతున్న నేపధ్యంలో అంధ్రభు దేశ్ రాష్ట్ర భుకుత్వం కరాబేలో బారికలకు శిక్షణ ఇవ్వా ಲಾ ನಿರ್ಧಯಂದಂದಿ. ಅಂದುಲ್ ಭಾಗಂಗಾ ಕಿರುಏಕಿ ಶೈವೆಂ కటేశ్వర యూనివర్సిటీ వేదకగా రెండు రోజుల ర్ ఇఫ్ స్కూల్ ఎమ్మకేషన్ 'ఆంధ్రప్రదేశ్ మహిళా సమర పోటు శిక్షణ ఇచ్చి వాలలో అత్మస్థిర్యాన్ని

నింపింది. - మ్యాస్ట్ టుడే, తెరుపతి (ಎಸ್ಟಿ ಪತ್ರಪದ್ರಾಲಯಂ)

ನ್ ನಾರ సంయుక్ష అధ్యర్భంలో జాశీకలను అర్మరక్షణలో శిక్షణ కార్వక మానికి ఎక్కీయూ కేంక్రంగా 3000 మానికి ఎక్సుయూ కేంద్రంగా శ్రీవారం రుట్టింది. కనుషనన్ ఆప్ స్కూల్ ఎక్కుకేషన్ అధ్వర్యంలో పాఠశాలలో బాలికల సంక్షేమానికి క్షేతస్వాయి భర్యలు చేసట్టింది. ఈ భశలోనే బాలికలపై దాడులను ఆరికట్టడానికి ప్రవేశ్వ ప్రవాశిశలను రెరెం రిండి. ప్రజాశిశలో భాగంగా బాలికల సంక్షేమానికి ప్రేతస్వాయిలో కేసు కోవాల్సిన చర్యలపై రాష్ట్ర ప్రభుత్వానికి ఓ సమీపికుు అందతోన్నూ. పార శాలలో ప్రస్తుతం అమలు చేస్తున్న జ్రీడా కార్యక్రమాలతో పాటుగా ప్రతి కారల్ల ప్రాప్తంల దమ్మలు చివ్వల్ల ప్రద్యాక కార్యమూలం హాటుగా ప్రల ప్రాత్యలమైన కూటే విద్యపై జాకికలకు ప్రక్యేక కక్షకు ఇవ్వరు ద్వారా జారిలో మహేడైర్బం కీసుకురావర్చన్నది అవికారుల ఆలోదన ఈ నేవ ద్వంలో రాష్ట్ర బ్యాప్తంగా ఆర్మరక్షణ విద్య కార్యక్రమాన్ని ప్రతిషార్యకుగా తీసుకున్న ప్రభుత్వం అన్ని జిల్లాలోని పారశాలలు, కళాశాలలో బాకిక లకు కరాటేపై తొలిదశలో అవగాపాన కార్యక్రమాలను నిర్వహించింది.

estism

ಆರ್ಬರಕ್ಷಣ

కర్సించడమే ద్వేయంగా రాష్ట్ర ప్రదుత్వంలోకి 'ముష

පය්සය්ල රජුසුණ එ්ජුස

• ఎస్వీయూ వేచికగా **ಪ್**ಜರಿಸ

వివిధ జిల్లాల విద్యాల్థినులు

പര് പ്രവാജനല

కరాటే ద్వారా మానవాళికి ఎన్నో స్థయోజ నాలు ఉన్నాయి. ದರ್ವರ್ಯ ಚಾಲಿಕರು ಈ విద్దరో అవగాహన కరిగి ఉండటం నలన మానసి కంగా, శారీరకంగా ఎంటో ఆరోగ్యంగా ఉండవచ్చు. అదే సందర్భంలో ఇందల నుంచి వేదింపులు, లైంగిక దారులకు గువైనప్పుడు తిప్పికొట్టార్చని వాలికలు పేర్కొంటున్నారు. ఈ నేపిద్వంలో కరాటే విద్యపై వివిధ జిల్లాల నుంచి ఎంపిక చేసిన 45 మందికి ముందన్ను శిక్షణ ఇచ్చి. ఆటుతర్వాత వారి ద్వారా రాష్ట్ర వ్యాప్తంగా బాలికలండరికి అర్మరక్షణ విద్యను అందజే యాలవృది ప్రభుత్వ లక్షుం. ఎంపీక చేసిన బాలికలకు, అండ్ర ప్రదేశ్ మహిళా సమత పాస్టెటికి చెందిన మహిళా ఉద్యాగు ంకు ఎక్పుడూకి చెందిన ఆరార్య సుదర్శనం ద్వారా శిక్షణ అందించింది. కరాటేలో పడే దిగ్గీ ఇకైక్ బెల్మ్ హోదా కరిగిన ఆరార్య సుదర్శను ఎక్సీయూ వేడికగా ఈనెల 10, 11వ రేడీల్లో దాలికలు, మహిళలకు శిశ్రద జర్చారు. కరాటే విద్యలో కీలకమైన మెలకువలను నేర్చారు.





కరాటేలో శిక్షణ పాందుతున్న విద్యాల్థినులు

స్వీయ సంరక్షణకు దోహదం

తరాటే విద్య ద్వారా జాలికలు, మహిళలు స్వీయ సంరక్షణ పొందవచ్చు. అర్మరక్షణ విధ్యపై దైతి ఆదరిడ్ల అవగాహన కరిగ ఉండాలి. అప్పుడే అన్ని విషయాల్లోనూ జైర్యంగా ముందుకు రాగలరు. ప్రభుత్వం కరాటేలో బాలికంకు శిక్షణ ఇవ్వదానికి

ప్రత్యేక కార్యక్రమానికి దూపకల్సన చేయడు శుభపరిజామం. ఈ అవకాళన్ని పూర్తిస్తాయిలో వినియోగించుకుని అత్మరక్షణ విద్యప్రై సంపూర్ణ అవగాహన సాధిస్తాం. మరింత మంది బాలికలకు అత్మ రక్షణ విధ్యను అందిస్తాం.

- ರಜಯಾವೆಗಂ, ತರವ

ಅನ್ನಿ ವಿಧಾಲುಗಾ ಆರೌಗ್ಯಂ

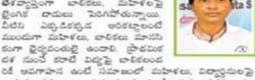
మహిళలు \$30 Diferi. ఆత్మరక్షణ ವಿದ್ಯ(ಕರ್-ಪೆ)ಲ್ ಇಕ್ಷಣ ಘಿಂದರು 20 ఆన్ని విధాలా ఆరోగ్యవంతులుగా ఉండ వర్సు. కరాటే నేర్పుకున్నవారు ఆరీరకు గామా, మానసికుగామా ఎంతో బలోపే తంగా ఉన్నారు. వారిని ఆదర్భంగా తీసు

మని ప్రస్తుతం శిక్షణ కోసం విచ్చేశా. శిక్షణ తీసుమని మరింత మందికి ఈ విద్యలో ఆవగాహన కర్పించడానికి నా వంతుగా కృషిచేస్తా ఎస్వీయూలో ఎంతో ఉత్తమమైన, నాజ్యమైన శిక్షణ

- గీత, అనంతపురం



ಶೇಶ್ವಾಪ್ತಂಗ್ ಬಾರಿಕರು, మహీళలపై దాడులు పెరిగిపోతున్నాయి ಎಪ್ಪಡಿಕಪ್ಪದ ಅರಿಕಟ್ಟಾಲಂಟೆ ಮುಂದುಗ್ ಮರ್ಶಿಳಲ್ಲ ಬೌರಿಕಲ ಮಾನೆಗಿ



జామగు తగ్గుతాయి. చిత్తారు నుంచి శ్రీవావుళం వరకు అన్న పాఠశాలలో కరాటే విద్యమ నేర్పించడాన్ని ప్రభుత్వం ప్రతిష్ఠాత్మ వండాలలో కంట కాట్లోని కాట్లు కాట్లు కాట్లు కాట్లోని కాట్లు కాట్లోని కాట్లు కాట్

ලබ් මසුත්පස්තිරාප

తరాబే విద్యను నేర్చుకోవాలన్న అలోచ నలో అంగంగా జాలీకలు, మహిళలు చాపిస్తున్న అసక్షి ఎనలేనది. కనుషనర్ ఆప్ స్కూల్ ఎద్యుకేషన్ తలపెట్టిన ఈ కార్యక్రము సత్పలితాల దిశగా సాగు తోంది. ఎంపిక చేసిన విద్యార్థినులు,



మహిళా ఉద్యోగులకు శిక్షణ ఇవ్వడానికి ఎన్వీయూను ప్రభుత్వం ఎంపిక చేసుకోవడం సంతోషకరం ఇక్కడ శిక్షణ పొందిన వారు రాష్ట్రవ్యాప్తంగా అన్న పారశాలలో జరర విద్యార్థినులకు శిక్షణ

- అచార్య సుదర్శవం, కరాటే శిక్షకులు



Student Grievance Cell





Green Toilet Facility For Women

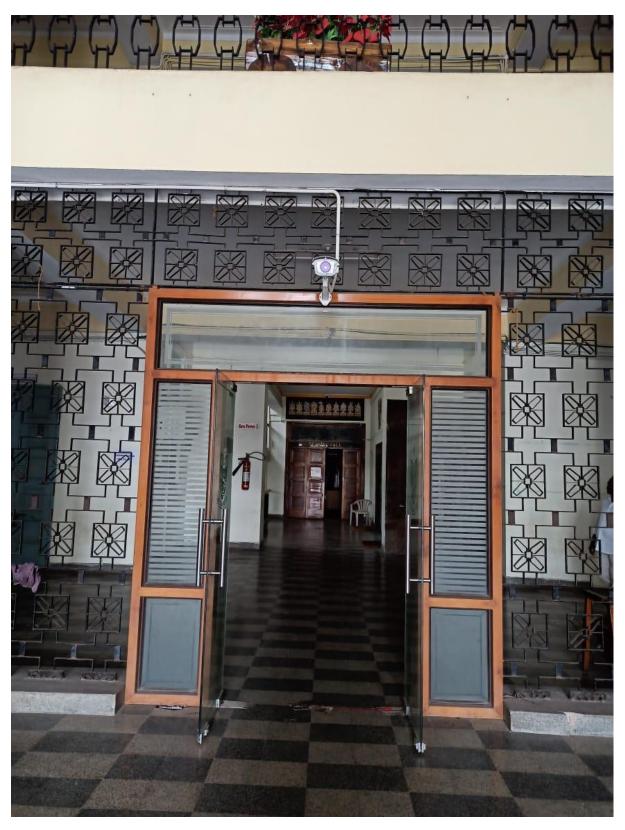






CCTV Footage view





Installation Of CCTV Cameras Throughout The Campus

SRI VENKATESWARA UNIVERSITY : TIRUPATI ENGINEERING DEPARTMENT

- 25 AUG 2022

No.UEO-4/ CC Cameras/2022

Date.18-08-2022

PROCEEDINGS OF THE REGISTRAR

Sub:

SVU Engg. Dept. - Audio visual section - Providing CC Cameras facility for Nursery and Day Care Center SVU

Campus, Tirupati - Sanction Orders - Issued.

Read: Registrar's orders dated 17-08-2022

ORDER:

Permission is hereby accorded to the University Engineer I/c, S.V. Univeristy, Tirupati towards "Providing CC Cameras facility for Nursery and Day Care Center SVU Campus, Tirupati" through Sri Padmavathi Services, 19-13-13, Narayana Puram, Tirupati who quoted lowest rate as per specification mentioned in the quotation.

Sanction is also hereby accorded for payment Rs.89,126-00/- (Rupees eighty nine thousand one hundred and twenty six only) including GST to Sri Padmavathi Services, Tirupati for the above purpose.

The expenditure in this regard shall be met from the budget head - " SVU Maintenance Account - 14) other charges - 10). Telephone rents & call charges" for the year 2022-23".

(BY ORDER)

Copy to Sri Padmavathi Services, 19-13-13, Narayana Puram, Tirupati . Copy to the D.EE. I/c, Incharge to Audio visual Section for information

and necessary action. Copy to the Joint Registrar, S.V University, Tirupati for information and necessary action. Copy to the Head I/c, Department of Home Science, SVU College of Sciences-, Tirupati

for information and necessary action Copy to the Principal, SVU College of Sciences, Tirupati for information

Copy to A-III/ Section, Finance & Accounts Branch, S.V University, Tirupati for information and necessary action.

Copy to bill/file.

SRI VENKATESWARA UNIVERSITY :: TIRUPATI ENGINEERING DEPARTMENT

No.UEO-4/ CC Cameras/2022 PRINCIPAL S.V.U. COLLEGE OF SHEMBES

Dated.18-08-2022

From

The University Engineer I/c S.V. University

Tirupati.

S.V. UNIVERSITY

MANPA 01-617 80.

Sri Padmavathi Services, 19-13-13, Narayana Puram, Tirupati.

Sir.

Sub:- SVU Engg. Dept. – Audio visual section – Providing CC Cameras facility for Nursery and Day Care Center SVU Campus, Tirupati – Work order – Reg.

To

Ref:- 1.Your Quotation No. 23 dated. 26-07-2022. 2. Registrar's orders dated. 17-08-2022

With reference to your quotation first cited and orders of the Registrar under reference second cited, I am to place orders for supply of the following items at a total cost of Rs.89,126-00/- (Rupees eighty nine thousand one hundred and twenty six only) including GST and request to supply the items in consultation with the Deputy Executive Engineer I/c, Incharge to Audio visual Section, S.V.U Engineering Department, Tirupati and sent the bill of cost in triplicate duly exempting the excise duty, together with an advance stamped receipt for arranging payment.

			Sri Padmavathi Services 19-13-13, Narayana Puram Tirupati	
SI.	Description of work	Unit	Rate	Amount
No	6CH NVR (Network Video Recorder) upto 5mp. Cp-p	1NO	9990-00	9990-00
1.	2 Mp Ip ColorVu Bullet Camera Pro Plus Series POE – Zen	5 NOS	2600-00	13000-00
2.	2 Mp lp ColorVu Dome Camera Pro Plus Series POE – Zen	5 NOS	2599-00	12995-00
3.	PoE 8+2 Ch Uplink Giga 100W – Zen Device	1 NO	5830-00	5830-00
4.	4 Port POE Switch sps – Zen Device	1 NO	2999-00	2999-00
5.		1 NO	6990-00	6990-00
6.	2 TB HDD Surveillance	1 NO	1999-00	1999-00
7.	2 U Rack Mount Heavy gage Lan Cable 4 Pair 1 coil (303 mtrs) D- Link	180X	8999-00	8999-00
8.	and the state of t	10 NO	75-00	750-00
9.	Box PVC for Cams – KE	1 NO	5999-00	5999-00
10.	Universal Brand 18.5" LED Monitor	10 NO	699-00	6990-00
11.	Installation Charges per Cam	-	Total	76541-00
	Discount(1.32%)		Discount (1.32%)	1,010-34
	Discount 1.5276			75,530-66
	Additional GST 18%		GST 18%	13,595-00
-			Round off	-0.18
-	Total		89,126-00	



First Aid Kits Available In Hostels



COUNSELLING

Need based Personal Health, Nutrition and Diet counselling sessions are organized with the assistance of the Nutrition and Diet Counselling Centre in the Department of Home Science respectively. The students, Teaching and Non- teaching staff are also getting the benefits from the counselling Centre in order to help and support the students and staff of the campus related to health, diet and nutritional aspects. The students of food Science, Nutrition and dietetics are preparing Diet charts for various diseases and help the needy individuals regarding diet and nutrition counselling for their health problems.



Diet and Nutrition Counselling









Booklets of Various Diseases



SRI VENKATESWARA UNIVERSITY NUTRITION AND DIET COUNSELING CENTER FOOD SCIENCE NUTRITION AND DIETETICS DEPARTMENT OF HOME SCIENCE



DIET CHART FOR IMMUNITY

Meal Time	Menu	Serving size
Early morning 6:00 Am	Cinnamon Tea / Turmeric Tea	1 cup
Breakfast 8:00 Am	Rava Idli/ Spinach puri/ Millet Dosa Peanut chutney / Ginger Chutney Apple	2 no 1 katori 1 No
Mid morning 11:00 Am	Fruit salad/Sprouts Salad	1 glass
Lunch 1:00 Pm	Vegetable pulao /Tomato pulao/ Rice Chicken curry/Soya chunks curry Carrot Beans/ Amaranth Leaves stir fry Rasam Curd Garlic/Lemon pickle Banana	1 katori 1 katori 1 katori 1 katori 30 g 1 table spoon 1 no
Dinner 8:00 Pm	Chapati / Phulka Cauliflower peas curry/ Mixed veg curry Curd Rice	2 no 1 katori 1 katori
Bed Time 9:00 pm	Turmeric Milk	1 glass

NUTRITION PROVIDED BY THE DIET

Energy	2000 kcal	
Proteins	100 g	
Carbohydrates	300 g	
Fat	44.4 g	
Vitamin -C	80 mg	
Vitamin - A	840 mg	
Calcium	1000 mg	

MENU PLAN FOR ELDERLY



MEAL TIME	ITEMS	QUANTITY
EARLY MORNING	Milk	1 Glass
BREAKFAST	Carrot Idli / Vegetable Pongal	3 No./ 1 Cup
	Bengal Gram Groundnut Chutney	¼ Cup
MID MORNING	Tomato Soup	120 ml
LUNCH	Beetroot Chapathi	2 No (15 g each)
	Rice	1 Cup
	Drumstick sambhar	1 Cup
	Mixed Vegetable Curry	1 Cup
	Buttermilk	1 Glass
TEA TIME	Banana	1 Medium
	Tea (with skimmed milk)	150 ml
DINNER	Rice	1 Cup
	Amaranth Dal	1 Cup
	Cabbage Curry	1 Cup
	Rasam	1 Cup.
	Buttermilk	1 Glass
BED TIME	Hot Milk	1 Glass



MENU PLAN FOR DIABETIC ADULTS

MEAL TIME	ITEMS	QUANTITY
ARLY MORNING	Green Tea (without sugar)	1 Glass
BREAKFAST	Mixed Vegetable Oats Upma	1 cup.
	Mint Coriander Chutney	¼ Cup
MID MORNING	Mixed Fruit Salad (Except Banana)	100 gm
LUNCH	Fenugreek Chapathi	3 No (15 g each)
	Ashgourd Bengal Gram Dal	1 cup
	Soyabean Curry	1 cup
	Vegetable Salad	1 cup
TEA THAT	Mint Buttermilk	1 Glass
TEA TIME	Diabetic Multigrain Biscuits	2 No
DIMARED	Bitter gourd Juice	1 Glass
DINNER	Phulka	3 No
E THE RES	Spinach green gram dhal	(15 g each)
	Cabbage curry	1 cup
Dun	Jeera Buttermilk	1 Glass
BED TIME	Diabetic Resource	
		½ Glass

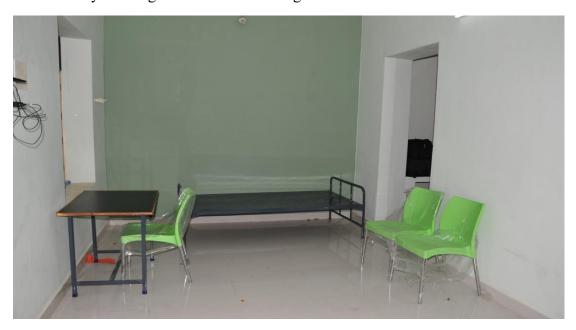
Diet Charts of Diseases in Diet Counselling Centre

MENU PLAN FOR PRE-SCHOOL CHILDREN

MEAL TIME	ITEMS	QUANTITY
EARLY MORNING	Milk with Horlicks	1 Glass
BREAKFAST	Tricolor Sandwich	2 Slices
	Mango Milk Shake	1 Glass
MID MORNING	Mix Fruit Chat	50 gm
LUNCH	Potato Paratha	1 Medium
	Spinach Rice	½ Cup
	Cucumber Raita	½ Cup
	Laddu	1 no
TEA TIME	Fruit cake	2 pieces (Small)
	Banana Milk Shake	1 Glass
DINNER	Rice	½ Cup
	Mixed Vegetable Stuffed Chapathi	1 No
	Bottlegourd Mango Dal	½ Cup
	Curd	½ Cup
BED TIME	Milk with Hiowana	1 Glass

COMMON ROOMS

- > Students and faculty have common rooms for taking lunch and to relax during break.
- > S V University has common rooms at AD building, NS block, Prakasam Bhavan, Engineering college.
- > Gym was attached to the common rooms.
- Separate washrooms for women and men staff.
- > Sanitary Vending machine installed in girls' hostel.





Common Rooms

DAY CARE CENTRE

The Day Care Centre was established in the premises of SVU laboratory Nursery school attached to the Dept. of Home Science under UGC XI plan merged scheme during 2005. The Day care centre was established to support working women of SV University as well as employed women of Tirupati town, who have young children below 3 years and to provide quality care during day time in a cheerful, well-equipped and spacious rooms at SV University Laboratory Nursery school premises. The Day care centre has been maintained by the faculty of Department of Home Science who have expertise in developmental aspects of children.

Objectives of Day Care Centre

- ➤ To provide proper care and nurturing to young children who require attention, who have to spend time away from home and whose parents can't attend to their children's care during day time.
- > To provide enriching experiences to children at an early age to meet their optimum development.

Administrative and Staff Members of the Day Care Center

At present **Dr. B. Swaroopa Rani** faculty belongs to the Human Development and Child Welfare specialization of the Dept. of Home Science is the **Coordinator** for Day care center

Staff

Two supporting staff for a group of 15-20 children are present with a reasonably good Adult -child ratio.

Physical Facilities

Location: The day care centre is located

- ➤ In safe area away from hazards like, ponds, ditches, etc.on the ground floor
- Away from distracting noises of traffic or other pollution.

Indoor Space and Equipment

A big spacious room, well ventilated and have adequate lighting with two

Air conditioners and child friendly furniture.







- ➤ Well-furnished cots and beds for supporting young children to sleep comfortably.
- A variety of toys that stimulate imagination and promote all-round development of children (Drum, Dhapli, pull and push toys, squeeze toys, building blocks, soft toys etc) are available.



Conversation charts, pictures, flash cards, Picture books, and story books, Models etc., to promote language development are available.

Admission Criteria & Fees Structure

- ➤ Every year the applications for admission into the Day care center will be issued in the Department of Home Science, SVU College of Sciences, S V University. The fee will be collected term wise.
- ➤ The Day Care Centre has been successful-
- ➤ In promoting all round development of young children below 3 years
- In providing hands -on -experience to the students of the department of Home Science to observe growth and development of young children
- ➤ In imparting relevant information to young parents pertaining to the aspects of child development and child rearing practices and stimulation exercises through talks by experts in PTA meetings.









S V U LABORATORY NURSERY SCHOOL

Attached to the Department of Home Science S.V University, Tirupati.

S.V. University Laboratory Nursery School has been providing enriching and engaging experiences for young children since 1963. The Lab. Nursery School is managed by the Dept. of Home Science. Learning in the school is made enjoyable for young children through the play-way approach. The school provides an ideal early childhood program, an enriching experience for young children and an educational and practicum experience for students of Human Development and Child Welfare specialization of Home Science. It also serves as a laboratory for students who pursue M.Sc. course in other specializations of Home Science like Food Science Nutrition and Dietetics and Extension Management and Communication Technology. The school has reached a significant milestone of celebration of its Golden Jubilee during 2013.

Philosophy

The broad philosophy of school since inception is to provide opportunities for young children

through enriched experiences in a child friendly environment which will facilitate a holistic

and integrated development in different domains of child's life i.e., physical, emotional,

social and cognitive development.

Classes

The children are provided with learning experiences age wise and are placed in different classes

as follows

Junior Nursery:

Children in the age range of 3 years to 3.5 years

Senior nursery:

Children in the age range of 3.5 years to 4.5 years

Pre-Primary Class:

Children in the age range of 4.5 years 5 + years

Administrative and Teaching Staff Members of Nursery School

The head of the Department of Home Science or Senior faculty of Human Development and

Child Welfare branch will be the in-charge of the SV University Laboratory Nursery School.

At present **Dr. K.V. Sucharitha, Head, Dept. of Home Science** is the in-charge of Nursery

school.

Staff

Teaching Staff

The teachers play significant role in conducting pre-school programme. The teachers of Lab

Nursery school are well qualified, trained and experienced in child development aspects. There

are two teaching and two non-teaching staff in the nursery school.

Method of Education

The method of education in nursery school is 'play way' method. There will not be much

emphasis on teaching of 3 R's (Reading, Writing, and Arithmetic). Instead the activities are

planned such that they will prepare children for formal schooling through pre-reading, pre-

writing skills and pre-arithmetic skills like number work.

Curriculum

The play-based curriculum is carefully planned to support children's growth and development, offering a rich variety of art, sensory, literacy, math, science, and music activities, in addition to block building, dramatic play, and outdoor play. The Pre-school curriculum is developed by the staff of **Human Development and Child Welfare** specialization of Home Science Department considering the principles and Objectives of Pre-school education.

The important activities of curriculum are;

- > Informal talk
- > Rhymes
- Story telling
- Creative activities
- Readiness activities
- > Science experience



Prayer by the Children



Rhyme Singing



Creative Activity



Readiness Activity



Informal Talk





Besides the daily activities, children are provided with first-hand experience through other activities like field trips, excursion etc.,

> Other Significant Activities:

- Field Trips
- > Celebration of Festivals like Vinayaka Chaturdi, Diwali, Christmas etc.,
- > Conduct of PTA meetings
- > Excursion to nearby places





Field Trips





PTA Meeting





Dance









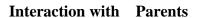
Annual Day Celebrations

Children's Day Celebrations











Christmas Celebration









Admission Criteria & Fees Structure:

Every year the applications for admission into the SVU laboratory nursery school will be issued in the Department of Home Science, SVU College of Sciences, S V University. The fee will be collected term wise. Children in the age group of 3 to 5 years of the employees of S.V. University and also residents of Tirupati town belonging to all strata of population are given admission in the school.

Equipment:

The Laboratory nursery is well equipped with indoor and outdoor equipment. Significant Outdoor equipment's are Swing, Slides, Jungle Gym, Sea-Saw, Merry go-round, Jumping Trampoline etc.





Slide

Merry-go-round





Swing Jungle Jim

The 'Sand Pit' – a place of enjoyment and sharing for children is the unique feature of S.V.U. laboratory nursery school. Children play in the sand with small Buckets, spades, sieves to fill and empty sand. It helps to promote language development, social development, emotional release and joy for the child.





Sand pit





Jumping Trampoline

Indoor Equipment:

The school has also sufficient indoor space with plenty of indoor equipment like wooden building blocks, puzzles, toys, musical equipment etc.



Thus, the S.V.U Laboratory nursery school has been successful;

- > In promoting all round development of young children
- > In providing hands on experience to the students of the department of Home Science
- > In imparting relevant information to parents pertaining to the aspects of child development during PTA meetings.

The Director
NAAC Committee
S.V. University
TIRUPATI - 517 502