



Golden Jubilee Year of NEHU  
(May 2022 – May 2023)



## **INTERNATIONAL WORKSHOP SERIES**

(A Series of 100 Programmes Every Saturday from 5:00 -7:00 PM IST)

**Look Up Aim High: Nation First Self Next**

### **57<sup>th</sup> International Workshop**

On

**Hygge: The Danish Philosophy of Comfort, Togetherness, Well-being and  
Happy Living**

**Jointly Organized by**

**INTERNAL QUALITY ASSURANCE CELL (IQAC)**

**NORTH-EASTERN HILL UNIVERSITY (NEHU)**

**SHILLONG, MEGHALAYA, INDIA**

**&**

**INDIAN SOCIETY FOR TRAINING AND DEVELOPMENT (ISTD)**

**SHILLONG CHAPTER, SHILLONG, MEGHALAYA, INDIA**

**In collaboration with**

**DEPARTMENT OF PHILOSOPHY & IQAC**

**MORAN COLLEGE**

**(Affiliated to Dibrugarh University)**

**MORANHAT, ASSAM, INDIA**

**&**

**DEPARTMENT OF PHILOSOPHY**

**SRI VENKATESWARA UNIVERSITY (SVU)**

**TIRUPATI, ANDHRA PRADESH, INDIA**

**WARM WELCOME TO JOIN US**

**ONLINE MODE • 29<sup>th</sup> OCTOBER 2022 • 05:00 PM – 7:00 PM (IST)**

**REGISTRATION: <https://forms.gle/gnSQfie4VbUMH5y5A>**

**Meeting Link: Cisco Webex**

**<https://istem.webex.com/istem/j.php?MTID=mf64a0810516c10c6484a890e8325a872>**

**Password: WJg8MhUY2c7**

**Meeting Number: 2641 185 9953**



**Prof. Mitali Konwar**  
Principal  
Moran College  
Assam, India



**Dr. Rajendra Prasad  
Borthakur**  
IQAC Coordinator  
Moran College  
Assam, India



**Prof. P. Chinnaiah**  
Keynote Speaker  
Department of  
Philosophy  
SVU, Tirupati, AP



**Prof. P.S. Shukla**  
Hon'ble VC, NEHU  
Shillong, India



**Dr. Shrutashwinee Gogoi**  
Workshop Coordinator  
Moran College  
Assam, India



**Prof. B.S. Mipun**  
Chairman, ISTD  
Shillong Chapter  
Shillong



**Prof. A. S. Dixit**  
Director, IQAC  
NEHU, India



**Dr.N.A. Reddy**  
Workshop  
Coordinator &  
Resource Person  
NEHU, India

## Programme Schedule

05:00 P.M. – 05:05 P.M. (IST)

**Welcome Address**  
**Vande Mataram**

**Dr. Shrutashwinee Gogoi**  
Moran College, Moranhat, Assam

05:05 P.M. – 05:10 P.M. (IST)

**About the Programme**

**Dr. N.A. Reddy**  
NEHU, Shillong, Meghalaya

05:10 P.M. – 06:00 P.M. (IST)

**Keynote Address**

**Prof. P. Chinnaiah**  
SVU, Tirupati, AP

06:00 P.M. – 06:55 P.M. (IST)

**Hygge: The Danish  
Philosophy of Comfort,  
Togetherness, Well-being  
and Happy Living**

**Dr. N.A. Reddy**  
NEHU, Shillong, Meghalaya

06:55 P.M. – 07:00 P.M. (IST)

**Vote of Thanks**  
**National Anthem**

**INFORMATION TO JOIN THE MEETING (29<sup>th</sup> OCTOBER 2022)**

**Time: 5:00 PM- 07:00 PM**

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**YOUTUBE LIVE CHANNEL:**



**<https://www.youtube.com/c/SMARTEDUCATION108>**

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<https://www.youtube.com/c/SMARTEDUCATION108>

2) TELEGRAM GROUP (SMART EDUCATION)



<https://t.me/joinchat/2aBDRQm1HKgzZGY1>

3) LINKEDIN (WORKSHOPS) 

<https://www.linkedin.com/feed/hashtag/nehuAbRinternationalAbRworkshopAbRseries/>

4) LINKEDIN (CONFERENCES) 

<https://www.linkedin.com/feed/hashtag/nehuAbRinternationalAbRconferenceAbRseries/>

5) BLOG



<https://hamsareddy.blogspot.com/>

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