SRI VENKATESWARA UNIVERSITY - TIRUPATI

Program: B.A/B.Sc Honours in <u>PSYCHOLOGY (MINOR)</u>

FIRST YEAR - II SEMESTER

(W.e.f. Academic Year 2023 - 24)

PAPER-I INTRODUCTION TO PSYCHOLOGY (MAJOR PAPER)

Objective:

- To introduce students to the basic concepts of the field of psychology with an emphasis on applications of psychology in everyday life.
- Demonstrate their competency in remembering terminologies used in origin, scope and fields of Psychology
- Understand the scientific basis of behavior and the scientific methods to study behavior
- To understand role of motivation and emotions on behavior.

SYLLABUS

Unit -I Introduction

Meaning and Definitions, Nature and Goals of Psychology, Fields of Psychology-Pure Branches and Applied Branches

Unit-II Methods in Psychology

Introspection, Observation, Case Study, Interview, Experimental and Survey Methods

Unit-III Emotions

Meaning, Definition, Types- Adaptive and Disruptive Emotions-Development of Emotions and Theories: James Lange, Canon Bard and Schachter and Singer

Unit-IV Motivation

Meaning and Definition, Types- Intrinsic and Extrinsic Motives-, Classification of Motives-Biological, Psychological and Social Motives.Need Hierarchy Theory by Maslow,

Unit-V Personality

Meaning and Definition- Types of Personality- Kretshmer -Sheldon- Body Types, Jung Introversion, Ambiversion and Extroversion, Assessment of Personality-Inventories, Questionnaires, Rating Scales, Interview, Projective Techniques- Roarschach, TAT, CAT, Sentence Completion and Word Association.

Practicum: Any 4 practicum pertaining Introduction to Psychology.

- 1. I-E Locus of Control
- 2. Personality Pest
- 3. Level of Aspiration
- 4. Emotional Stability/Maturity
- 5. Any other Relevant Experiments

Readings:

- > SK Mangal- Introduction to Psychology, Meerut Publications
- ➤ Chadha, N.K (2014). The Psychological Realm: An Introduction. Pinnacle Learning, New Delhi.
- > Introduction to Psychology: Telugu Academy, Hyderabad
- > Beena and EG Parameswaran: Invitation to Psychology, Neelkamal Publications, Hyderabad

SRI VENKATESWARA UNIVERSITY – TIRUPATI (MINOR)

FIRST YEAR - II SEMESTER (W.E.F. Academic Year 2023 - 24) MODEL PAPER

Semester II- Core-I Psychology: Paper I(Major) Subject: INTRODUCTION TO PSYCHOLOGY

Time: 3 Hours Marks: 75

Section- A

Answer the following questions

(10 X 5 = 50 marks)

1. Examine nature, scope and importance of psychology.

Or

- 2. Explain fields of Psychology
- 3. Explain survey and case study methods in detail.

Or

- 4. Explain experimental methods and illustrate.
- 5. Illustrate physiological factors in emotions.

Or

- 6. Write about Canon Bard and Schachter theories of emotions.
- 7. Define motivation and discuss types of motives?

Or

- 8. Explain any two theories of motivation.
- 9. Examine assessment of personality

Or

10. Discuss types of personality

Section - B

Answer any five of the following questions $(5 \times 5 = 25 \text{ Marks})$

- 11. Applied psychology
- 12. Interview
- 13. Adaptive emotions
- 14. Intrinsic motivation
- 15. Jung
- 16. TAT
- 17. Questionnaire
- 18. Goals of psychology