

SRI VENKATESWARA UNIVERSITY
B.Sc. DEGREE COURSE IN PSYCHOLOGY
SEMESTER SYSTEM WITH SINGLE MAJOR HONOURS
(Effective from the Academic Year 2024-25)
Semester IV

Paper- III : ABNORMAL PSYCHOLOGY (MINOR)

1. Unit-Introduction

- A. Concept of Abnormal Behavior and Criteria for Determining Abnormality.
- B. Historical Background of Abnormality.
- C. Approaches to psychopathology - Psycho dynamic, behavioral, cognitive behavioral, existential and biological.

II. Unit-Causes and Diagnosis of Abnormal Behavior

- A. Biological, Psychological, and Socio - Cultural; Critical Evaluation of these causes.
- B. Current Diagnostic Systems: Introduction to the International Classification of Diseases (ICD-10) and Diagnostic & Statistical Manual of Mental Disorders (DSM-5).

III. Unit-Neurotic Disorders

- A. Generalized Anxiety Disorder : Symptoms, diagnostic criteria, and causes.
- B. Specific Phobia and Social Anxiety Disorder (Social Phobia) : Symptoms, diagnostic criteria, and causes.
- C. Panic Disorder : Symptoms, diagnostic criteria, and causes.
- D. Obsessive - Compulsive disorder : Symptoms, diagnostic criteria, and causes.

IV. Unit-Psychotic Disorders

- A. Manic reactions - Symptoms, diagnostic criteria, and causes.
- B. Major Depressive Disorder : Symptoms, diagnostic criteria, and causes.
- C. Schizophrenia : Types, diagnostic criteria, and causes.

V. Unit-Food Intake Disorders

- A. Anorexia nervosa - Symptoms, diagnostic criteria, and causes.
- B. Bulimia - Symptoms, diagnostic criteria, and causes.
- C. Treatment methods

PRACTUMSYLLABUS

Four experiments to be conducted from the following

- 1. Aggression Scale
- 2. Depression Questionnaire
- 3. Problem Check List
- 4. Security-Insecurity Scale

REFERENCES:

- Comer, R. J. (2015). *Abnormal psychology*. New York: Worth publishers.
- Carson, R. C., Butcher, J. N., Mineka, S., & Hooley, J. M. (2013). *Abnormal psychology* (15th Ed.). New York: Harper Collins.
- Diagnostic and Statistical Manual of Mental Disorders*. (2013). Washington, D.C.
- Nevid, J., Rathus, S., & Greene, B. (2014). *Abnormal psychology in a changing world*. Upper Saddle River, NJ: Pearson Prentice Hall.
- The ICD-10 Classification of Mental and Behavioural Disorders*. (1992). Geneva.

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Semester IV

Paper IV : Applied Social Psychology (MINOR)

UNIT I : Social Influence

- A. Forms of social influence : Conformity, Asch's experiments on conformity; factors affecting conformity; the bases of conformity.
- B. Compliance: Tactics used in compliance; Ingratiation, reciprocity and multiple requests, guilt and compliance.
- C. Obedience: Milgrams Studies on destructive obedience, resisting the effects of destructive obedience, modeling as a basis for unintentional social influence.

UNIT-II: Prejudice

- A) Prejudice and discrimination - Nature and origin of prejudice
- B) Techniques of reducing prejudice

UNIT-III: Aggression

- A) Definition, determiners of human aggression - social, personal and situational factors
- B) Prevention and control of aggression

UNIT-IV: Groups and Individuals

- A) Definition and types of groups
- B) Group functions - roles, status, norms, cohesiveness and conformity
- C) Group and individual performance - social facilitation, social loafing, decision making by groups

UNIT-V: Leadership

- A) Definition - traits of a leader, types of leaders - institutional leaders, dominant leaders, persuasive leaders and expert leaders
- B) Leadership styles- autocratic, democratic and charismatic leadership styles - characteristics and differences

Practicum -

Conduct any four experiments from the following concepts

1. AdjustmentScale-Bell'sAdjustmentInventory
2. TestofValues
3. Self-concept
4. TheAccuracyof Testimony
5. Intergenerationalconflict
6. FamilyIdeology
7. Decisionmakingstyles
8. Styles of leadership behavior

REFERENCEBOOKS:

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SocialPsychology,2ndEdition,McGrawHillBookCompany.
2. Baron,Robert.A.andByrne,Donn.
SocialPsychology,7thedition,PrenticeHallofIndiaPvt. Ltd.
3. Lindgren,Henry.C.
(1973).AnintroductiontoSocialPsychology,JohnWiley&Sons
4. Munn, N.L., (1948). Laboratory Manual in Experimental Psychology,
HoughtonMifflinco., NewYork.
5. Nataraj.P.
(1970).Amanualoflaboratoryexperimentsinpsychology,Mysoreprintingand
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