SRI VENKATESWARA UNIVERSITY

B.Sc. DEGREE COURSE IN PSYCHOLOGY SEMESTER SYSTEM WITH SINGLE MAJOR HONOURS (Effective from the Academic Year 2024-25) Semester IV

Paper- IX: ABNORMAL PSYCHOLOGY (MAJOR)

1. Unit-Introduction

- A. Concept of Abnormal Behavior and Criteria for Determining Abnormality.
- B. Historical Background of Abnormality.
- C. Approaches to psychopathology Psycho dynamic, behavioral, cognitive behavioral, existential and biological.

II. Unit-Causes and Diagnosis of Abnormal Behavior

- A. Biological, Psychological, and Socio Cultural; Critical Evaluation of these causes.
- B. Current Diagnostic Systems: Introduction to the International Classification of Diseases (ICD-10) and Diagnostic & Statistical Manual of Mental Disorders (DSM-5).

III. Unit-Neurotic Disorders

- A. Generalized Anxiety Disorder: Symptoms, diagnostic criteria, and causes.
- B. Specific Phobia and Social Anxiety Disorder (Social Phobia): Symptoms, diagnostic criteria, and causes.
- C. Panic Disorder: Symptoms, diagnostic criteria, and causes.
- D. Obsessive Compulsive disorder : Symptoms, diagnostic criteria, and causes.

IV. Unit-Psychotic Disorders

- A. Manic reactions Symptoms, diagnostic criteria, and causes.
- B. Major Depressive Disorder: Symptoms, diagnostic criteria, and causes.
- C. Schizophrenia: Types, diagnostic criteria, and causes.

V. Unit-Food Intake Disorders

- A. Anorexia nervosa Symptoms, diagnostic criteria, and causes.
- B. Bulimia Symptoms, diagnostic criteria, and causes.
- C. Treatment methods

PRACTUM SYLLABUS

Fourexperiments to be conducted from the following

- 1. AggressionScale
- 2. DepressionQuestionnaire
- 3. ProblemCheck List
- 4. Security-InsecurityScale

REFERENCES:

Comer, R.J. (2015). *Abnormalpsychology*. New York: Worthpublishers. Carson, R. C., Butcher, J. N., Mineka, S., & Hooley, J. M. (2013). *Abnormal psychology* (15thEd.). New York: Harper Collins. *Diagnosticand Statistical Manual of Mental Disorders*. (2013). Washington, D.C.

Nevid, J., Rathus, S., & Greene, B. (2014). Abnormal psychology in a changing world. UpperSaddleRiver, NJ:Pearson PrenticeHall.

The ICD-10 Classification of Mental and Behavioural Disorders. (1992). Geneva.

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Paper X: Applied Social Psychology (MAJOR)

UNIT I: Social Influence

- A. Forms of social influence: Conformity, Asch's experiments on conformity; factors affecting conformity; the bases of conformity.
- B. Compliance: Tactics used in compliance; Ingratiation, reciprocity and multiple requests, guilt and compliance.
- C. Obedience: Milgrams Studies on destructive obedience, resisting the effects of destructive obedience, modeling as a basis for unintentional social influence.

UNIT-II: Prejudice

- A) Prejudiceanddiscrimination-Natureandoriginofprejudice
- B) Techniquesofreducingprejudice

UNIT-III: Aggression

- A) Definition, determiners of human aggression social, personal and situational factors
- B) Prevention and control of aggression

UNIT-IV: Groups and Individuals

- A) Definition and types of groups
- B) Group functions roles, status, norms, cohesiveness and conformity
- C) Group and individual performance –social facilitation, social loafing, decision making by groups

UNIT-V: Leadership

- A) Definition traits of a leader, types of leaders institutional leaders, dominant leaders, persuasive leaders and expert leaders
- B) Leadership styles- autocratic, democratic and charismatic leadership styles characteristics and differences

Practicum -

Conduct any four experiments from the following concepts

- 1. AdjustmentScale-Bell'sAdjustmentInventory
- 2. TestofValues
- 3. Self-concept
- 4. The Accuracy of Testimony
- 5. Intergenerational conflict
- 6. FamilyIdeology
- 7. Decisionmakingstyles
- 8. Styles of leadership behavior

REFERENCEBOOKS:

- 1. Myers, DavidG (1988). SocialPsychology, 2ndEdition, McGrawHillBookCompany.
- 2. Baron, Robert. A. and Byrne, Donn. Social Psychology, 7th edition, Prentice Hallof India Pvt. Ltd.
- 3. Lindgren, Henry. C. (1973). Anintroduction to Social Psychology, John Wiley & Sons
- 4. Munn, N.L., (1948). Laboratory Manual in Experimental Psychology, HoughtonMifflinco., NewYork.
- 5. Nataraj.P. (1970).Amanualoflaboratoryexperimentsinpsychology,Mysoreprintingand Publishing House. Mysore

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Paper- XI: EDUCATIONAL PSYCHOLOGY (MAJOR)

UNIT-I: Introduction

- A. Educational Psychology: Definition, Nature, Scope and importance.
- **B.** Methods of educational psychology.

UNIT-II: Learning Process

- **A.** The nature of learning process: Nature of learning learning and maturation the process of learning learning curves plateaus in learning
- **B.** Experimental analysis of learning : Behaviour Modification, shaping, Discrimination, Neurophysiology of learning

UNIT-III: Theories and Laws of Learning

- **A.** Theories and laws of learning and their educational implications: trial and error learning learning by conditioning learning by insight
- **B.** Learning of skills Role of motivation, attention and interest in learning kinds of motivation: extrinsic and intrinsic, achievement motivation Methods of motivating pupils to learn.

UNIT-IV: Transfer of Learning

- **A.** Transfer of Learning: Forms of transfer theories of transfer of learning factors influencing transfer of learning.
- **B.** Transfer of Verbal and motor learning, Distribution of practice, knowledge of results.

UNIT-V: Memory & Forgetting

- **A.** Memory and forgetting Types and methods of memorization –factors influencing retention.
- **B.** Forgetting Meaning, Measurement, Curves of forgetting Types of forgetting theories of forgetting.

PRACTICUM

Conductanyfourexperimentsfromthefollowing:

- 1 Elevatedmaze-Trial anderrorlearning
- 2 Stepmaze-Insightfullearning
- 3 ComprehensiveInterestSchedule
- 4 StudyHabits&SkillsInventory

REFERENCES:

- $1.\ S.K. Mangal (1982). Educational psychology. Prakash Brothers Educational publication of the property of$ ications, Ludhiana.
- 2. H.R.Bhatia(1977)AtextbookofeducationalpsychologyMacmillanIndiaLtd. 3. S.N.Rao.(1990)Educationalpsychology.Wiley easternLimited.