

III year – VI Semester
Paper CN 601 -DIET THERAPY-II

Theory: 4credits/week
practicals: 3hrs./week

- Unit I : Disorders of Metabolism
- (a) Diabetes Mellitus
- * Incidence and predisposing factors.
 - * Symptoms, types and tests for detection (Diagnosis)
 - * Dietary treatment, meal management and Complications
- Unit II : (a) Obesity and leanness: causes, complications and health effects, dietary treatment and other recommendations.
- (b) Anaemia, PEM
- Unit III : Diet in Cardiovascular diseases.
- Coronary heart disease – incidence, pathology and dietary management, prophylactic role of diet.
- Hypertension – Dietary management.
- Unit IV : Diet in renal diseases.
- Acute and chronic glomerulonephritis, nephrosis, renal failure, urinary calculi – causes, treatment, acid and alkali producing and neutral foods and dietary treatment.
- Unit V : Diet counselling:
- (a) Nutritional assessment of patients, dietary prescription and counselling follow up, patient education and diet.
- (b) Role of dietitian: Definition of nutritional care, interpersonal relationship other patient, planning and implementing dietary care, their approach to nutritional care.