

III year – VI Semester

**Paper CN 601 -DIET THERAPY-II
Model Question Paper**

Time: 3 hrs.

Max. Marks: 75

Part-A

**Answer any FIVE questions.
Each question carries 5 marks**

5x5=25

1. Write short note on LDL and HDL cholesterol?
2. Give a dietary recommendation for underweight condition.
3. Explain the dietary modifications for treatment of acute nephrosis?
4. Explain type II diabetes and the role of insulin in controlling it?
5. What is therapeutic diet? What are the changes made in therapeutic diets?
6. Write about the importance of fibre in our diet?
7. How do you prevent anaemia? Plan a diet.
8. Explain the various tests for diagnosis of diabetes.

Part-B

**Answer All FIVE questions.
Each question carries 10 marks**

5x10=50

1. a) Narrate the condition of coronary heart disease and role of the diet in it?
(Or)
b) Define hypertension. Write the causes and diet?
2. a) Describe chronic Glomerulonephritis. What are the dietary restrictions you suggest during this condition?
(Or)
b) What are urinary calculi? Write causes, treatment and dietary management.
3. a) Write about the role and responsibilities of dietician in nutrition care.
(Or)
b) What is diet counselling? Write the various steps involved in diet counselling
4. a) What are the complications of obesity? Plan a diet for an adult obese business man.
(Or)
b) What is PEM? Explain the role of nutrition education in preventing malnutrition.
5. a) Write about the incidence, symptoms and types of diabetes.
(Or)
b) Write about the dietary treatment, meal management and complications of diabetes.